

REFERENCES

DACHER

1. Kuhn TS: The structure of scientific revolutions, ed. 3, Chicago, 1996, University of Chicago Press.

ASTIN

1. Sloan RP, Bagiella E, VandeCreek L, et al: Should physicians prescribe religious activities? *N Engl J Med* 342(5):1913-1916, 2000.
2. McCullough ME, Hoyt WT, Larson DB, Koenig HG, Thoresen C: Religious involve-merit and mortality: a meta-analytic review, *Health Psycho* 19(3):211-222, 2000.
3. Baum A, Posluszny DM: Health psychology: mapping biobehavioral contributions to health and illness, *Annu Rev Psychol* 50:137-163, 1999.
4. Salovey P, Detweiler JB, Steward WT, Rothman AJ: Emotional states and physical health, *Am Psychol* 55(1):110-121, 2000.
5. Rozanski A, Blumenthal JA, Kapian J: Impact of psychological factors on the pathogenesis of cardiovascular disease and implications for therapy, *Circulation* 99(16):2192-2217, 1999.
6. Engel GL: The need for a new medical model: a challenge for biomedicine, *Science* 196(4286):129-136, 1977.
7. Gulbrandsen P, Hjortdahl P, Fugelli P: General practitioners' knowledge of their patients' psychosocial problems: multipractice questionnaire survey, *KMJ* 314(7086):1014-1018, 1997.
8. Hall JA, Stein TS, Roter DL, Rieser N: Inaccuracies in physicians' perceptions of their patients, *Med Care* 37(11):1164-1168, 1999.
9. Levinson W, Gorawara-Bhat R, Lamb J: A study of patient clues and physician responses in primary care and surgical settings, *JAMA* 284(8):1021-1027, 2000.
10. Marvel MK: Involvement with the psychosocial concerns of patients. Observations of practicing family physicians on a university faculty, *Arch Fam Med* 2(6):629-633, 1993.
11. Roter DL, Stewart M, Putnam SM, Lipkin M Jr, Stiles W, Inui TS: Communication patterns of primary care physicians, *JAMA* 277(4):350-356, 1997.
12. Rothberg D, Kelly S: Ken Wilber in dialogue, Wheaton, Ill, 1998, Quest Books.
13. Wilber K: The collected works of Ken Wilber, vols 1-8, Boston, 1999-2000, Shambhala.
14. Wilber K: Sex, ecology, spirituality: the spirit of evolution, Boston, 1995, Shambhala.
15. Wilber K: A brief history of everything, Boston, 1996, Shambhala.
16. Wilber K: The marriage of sense and soul: integrating science and religion, New York, 1998, Random House.
17. Spiegel D, Bloom JR, Kraemer HC, Gottheil E: Effect of psychosocial treatment on survival of patients with metastatic breast cancer, *Lancet* 2(8668):888-891, 1989.
18. Fawzy FI, Kemeny ME, Fawzy NW et al: A structured psychiatric intervention for cancer patients. II. Changes over time in immunological measures, *Arch Gen Psychiatry* 47(8):729-735, 1990.
19. Steingraber S. Living downstream: a scientist's personal investigation of cancer and the environment, New York, 1998, Vintage Books.
20. Sloan RP, Bagiella E, Powell T: Religion, spirituality, and medicine, *Lancet* 353(9153):664-667, 1999.



Consciousness and Healing

Integral Approaches to Mind-Body Medicine



21. Astin JA: Why patients use alternative medicine: results of a national study, *JAMA* 279(19):1548-1553, 1998.
22. Lerner M: Mind-body health at 25: an assessment, *Adv Mind Body Med* 16(4):295-303, 2000.
23. Weil A: The significance of integrative medicine for the future of medical education, *Am J Med* 108(5):441-443, 2000.

BENDA

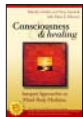
1. Benda W, Grant, KL: *Integrative medicine, encyclopedia of clinical pharmacy*, New York, 2003, Marcel Dekker, Inc.
2. Wolpe PR: From quackery to "integrated care": power, politics, and alternative Medicine, *Center Frontier Sci* 8(1):10-12, 1999.
3. Rees L, Weil A: Integrated medicine, *BMJ* 322(72):119-120, 2001.
4. Cruess RL et al: Renewing professionalism: an opportunity for medicine, *Acad Med* 74(8):878-884, 1999.
5. Brennan T et al: Medical professionalism in the new millennium: a physician charter, *Ann Intern Med* 136(3):243-246, 2002.
6. Kultgen J: *Ethics and professionalism*, Philadelphia, 1988, University of Pennsylvania Press.

DIENSTFREY

1. Bennett HL: Behavioral anesthesia, *Advances* 2(4): 11-21, 1985.
2. Mehl LE: Hypnosis and conversion of the breech to the vertex presentation, *Arch Fam Med* 3: 881-887, 1994.
3. Kabat-Zinn J, Wheeler E, Light T et al: Influence of a mindfulness meditation-based stress reduction intervention on rates of skin clearing in patients with moderate to severe psoriasis undergoing phototherapy (UVB) and photochemotherapy (PUVA), *Psychosom Med* 60: 625-632, 1998.
4. Dreher H: Mind-body interventions for surgery: evidence and exigency, *Adv Mind Body Med* 14(3): 207-222, 1998.
5. Dreher H: Can hypnosis rotate a breech baby before birth? *Advances* 12(3): 46-50, 1996.
6. Barber TX: Changing "unchangeable" bodily processes by (hypnotic) suggestions: a new look at hypnosis, cognitions, imagining, and the mind-body problem. In Sheikh AA, editor: *Imagination and healing*, Farmingdale, NY, 1984, Baywood Publishing Co.
7. Epstein G: *Healing visualizations*, New York, 1989, Bantam.

PERT

1. O'Regan B: Healing, remission, and miracle cures, *Inst Noetic Sci Spec Rep* 3-14, 1987
2. Pert CB, Ruff MR, Weber RJ, Herkenham M: Neuropeptides and their receptors: a psychosomatic network, *J Immunol* 35(2): 820s-826s, 1985.
3. Pert CB: The wisdom of the receptors: neuropeptides, the emotions, and bodymind, *Advances* 3(3): 8-16, 1986.
4. Pert CB, Snyder SA: Opiate receptor: demonstration in nervous tissue, *Science* 179(77):1011-1014, 1973.

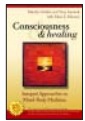


Consciousness and Healing

Integral Approaches to Mind-Body Medicine



5.Herkenham M, Pert CB: Light microscopic localization of brain opiate receptors: a general autoradiographic method which preserves tissue quality, *J Neurosci* 2: 1129-1149, 1982.
6.Lamotte CC, Snowman A, Pert CB, Snyder SH: Opiate receptor binding in rhesus monkey brain: association with limbic structures, *Brain Res* 155: 374, 1978.
7.Pert CB, Hill JM, Ruff MR, et al: Octapeptides deduced from the neuropeptide receptor-like pattern of antigen T4 in brain potently inhibit human immunodeficiency virus receptor binding and T-cell infectivity, *Proc Natl Acad Sci U S A* 83: 9254-9258, 1986.
8.Schmitt FD: Molecular regulation of brain function: a new view, *Neuroscience* 13:991, 1984.
9.Pert CB, Dienstfrey H: The neuropeptide network, *Ann N Y Acad Sci* 521:189-194, 1988.
- 10....Pert CB: The molecules of emotion: why we feel the way we feel, New York, 1997, Scribner.
- 11....Carr DJ, Blalock JE: Neuropeptide hormones and receptors common to the immune and neuroendocrine systems: bidirectional pathway of intersystem communication. In Ader R, Felten DL, Cohen N, editors: *Psychoneuroimmunology II*, New York, 1991, Academic Press.
- 12....Farrar WL, Hill JM, Ruff MR, Pert CB: Autoradiographic distribution of IL-1 receptors in rat brain, *J Immunol* 139:459-463, 1987.
- 13....Sternberg EM, Chrousos GP, Wilder RL, Gold PW: The stress response and the regulation of inflammatory disease, *Ann Intern Med* 117: 854-866, 1992.
- 14....Sternberg EM, Gold PW: The mind body interaction in disease, *Sci Am* 7(1): 8-15, 1997.
- 15....Ader R, Felten DL, Cohen N, Editors: *Psychoneuroimmunology II*, New York, 1991, Academic Press.
- 16....Goetzl EJ, Turck CW, Sreedharan SP: Production and recognition of neuropeptides by cells of the immune system. In Ader R, Felten DL, Cohen N, Editors: *Psychoneuroimmunology II*, New York, 1991, Academic Press.
- 17....Ruff MR, Martin BM, Ginns EI, Farrar WL, Wahl SM, Pert CB: CD4 receptor binding peptides that block HIV infectivity cause human monocyte chemotaxis: relationship to vasoactive intestinal polypeptide, *FEBS Lett* 211:17-22, 1987.
- 18....Wiederman CJ, Sertl K, Zipser B, Hill JM, Pert CB: Vasoactive intestinal peptide receptors in rat spleen and brain: a shared communication network, *Peptides* 9:21-28. 1988.
- 19....Ottoway CA: Vasoactive intestinal peptide and immune function. In Ader R, Felten DL, Cohen N, Editors: *Psychoneuroimmunology II*, New York, 1991, Academic Press.
- 20....Smith EM, Blalock JE: Human lymphocyte production of ACTH and endorphin-like substances: association with leukocyte interferon, *Proc Natl Acad Sci U S A* 78:7530-7534, 1981.
- 21....Benveniste EN, Huneycutt BS, Shrikant P, Ballestas ME: Second messenger systems in the regulation of cytokines and adhesion molecules in the central nervous system, *Brain Behav Immun* 9:304-314, 1995.
- 22....Farrar WL: Hemopoietic cytokines in brain, *Prog Neuroendocrinimmunol* 1:18-19, 1988.
- 23....Williams KC, Dooley N, Ulvestad E, et al: IL-10 production by adult human derived microglial cells, *Neurochem Int* 29:55-64, 1996.
- 24....Wagner R, Myers R: Schwann cells produce tumor necrosis factor: expression in injured and non-injured tissues, *Neuroscience* 73:625-629, 1996.
- 25....Shavit Y, Lewis JW, Terman GW, Gale RP, Lieberskind JC: Opioid peptides mediate the suppressive effect of stress on natural killer cell cytotoxicity, *Science* 223:188-190, 1984.
- 26....Shavit Y, Terman GW, Martin FC, et al: Stress, opioid peptides, the immune system, and cancer, *J Immunol* 135(2):834s-837s, 1985.
- 27....Shavit Y, Lewis JE, Terman GW, et al: Endogenous opioids may mediate the effects of stress on tumor growth and immune function, *Proc West Pharmacol Soc* 26:53-56, 1983.

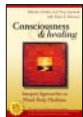


Consciousness and Healing

Integral Approaches to Mind-Body Medicine



28. ...Jamner L, Schwartz GE, Leigh H: The relationship between repressive and defensive coping styles and monocyte, eosinophil, and serum glucose levels: support for the opioid peptide hypothesis of repression, *Psychosom Med* 50:567-575, 1988.
29. ...Van Loon GR, Appel NM: β -endorphin-induced hyperglycemia is mediated by increased central sympathetic outflow to adrenal medulla, *Brain Res* 204:236-241. 1981.
30. ...Amir S, Harel M: Role of endorphins in endotoxin-induced hyperglycemia in mice, *Neuropharmacology* 22:1117-1119, 1983.
31. ...Amir S, Bernstein M: Endogenous opioids interact with stress-induced hyperglycemia in mice, *Physiol Behav* 28:575-577, 1982.
32. ...Solano L, Costa M, Salvat S, et al: Psychosocial factors and clinical evolution in HIV-1 infection: a longitudinal study, *J Psychosom Res* 37(1):39-51, 1993.
33. ...Temoshok L: Biopsychosocial studies on cutaneous malignant melanoma: psychosocial factors associated with prognostic indicators, progression, psychophysiology, and tumor-host response, *Soc Sci Med* 20(8):833-840, 1985.
34. ...Temoshok L, Dreher H: *The type c connection: the behavioral links to cancer and your health*, New York, 1992, Random House.
35. ...Temoshok L: Emotion, adaptation, and disease: a multidimensional theory. In Temoshok L, Van Dyke C, Zegans LS, editors: *Emotions in health and illness: theoretical and research foundations*, Orlando, Fla, 1983, Grune & Stratton.
36. ...Schwartz GE: Psychobiology of repression and health: a systems approach. In Singer JL, Editor: *Repression and dissociation: implications for personality theory, psychopathology, and health*, Chicago, 1990, University of Chicago Press.
37. ...Cole SW, Kemeny ME, Taylor SE, et al: Accelerated course of human immunodeficiency virus infection in gay men who conceal their homosexual identity, *Psychosom Med* 58:219-231. 1996.
38. ...Cole SW, Kemeny ME, Taylor SE, Visscher BR: Elevated physical health risk among gay men who conceal their homosexual identity, *Health Psychol* 15(4):243-251, 1996.
39. ...Pennebaker JW.: Confession, inhibition, and disease, *Adv Exp Soc Psychol* 22:212-244, 1989.
40. ...Pennebaker JW, Kiecolt-Glaser JK, Glaser R: Disclosure of traumas and immune function: health implications for psychotherapy, *J Consult Clin Psychol* 56:239-245, 1988.
41. ...Pennebaker JW, Beall S: Confronting a traumatic event: toward an understanding of inhibition and disease, *J Abnorm Psychol* 95:274-281, 1986.
42. ...Thompson PG: Relationship of lymphocytic infiltration to prognosis in primary malignant melanoma of the skin, *Pigment Cell Res* 1:285, 1973.
43. ...McGovern VJ, Shaw HM, Milton GW, et al: Lymphocytic infiltration and survival in malignant melanoma. In Ackerman AB, Editor: *Pathology of malignant melanoma*, New York, 1981, Masson.
44. ...Drossman DA, Leserman J, Nachman G, et al: Sexual and physical abuse in women with functional or organic gastrointestinal disorders, *Ann Intern Med* 113:828-833, 1990.
45. ...Drossman DA, Talley NJ, Leserman J, et al: Sexual and physical abuse in gastrointestinal illness: review and recommendations, *Ann Intern Med* 123:782-794, 1995.
46. ...Leserman J, Drossman DA, Li Z, et al: Sexual and physical abuse history in gastroenterology practice: how types of abuse impact health status, *Psychosom Med* 58:4-15, 1996.
47. ...Nio DA, Moylan RN, Roche JK: Modulation of T lymphocyte function by neuropeptides: evidence for their role as local immunoregulatory elements, *J Immunol* 150(12):5281-5288, 1993.
48. ...Spiegel D, Bloom J, Kraemer HC, et al: Effect of psychosocial treatment on survival of patients with metastatic breast cancer, *Lancet* 2:888-891, 1989.



Consciousness and Healing

Integral Approaches to Mind-Body Medicine



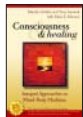
49. ... Fawzy FI, Fawzy MO, Hyun CS, et al: Malignant melanoma: effects of an early structured psychiatric intervention, coping, and affective state on recurrence and survival six years later, *Arch Gen Psychiatry* 50:681-689, 1993.
50. ... Rossi EL: *The psychobiology of mind-body healing: new concepts of therapeutic hypnosis*, New York, 1993, WW Norton.
51. ... Glaser R, Lafuse WP, Bonneau RH, et al: Stress-associated modulation of proto-oncogene expression in human peripheral blood leukocytes, *Behav Neurosci* 107(3):525-529, 1993.
52. ... Booth RJ, Ashbridge KR: A fresh look at the relationship between the psyche and immune system: teleological coherence and harmony of purpose, *Advances* 9(2):4-23, 1993.
53. ... Dreher H: *The immune power personality: seven traits you can develop to stay healthy*, New York, 1995, Dutton.
54. ... Rubik B: *Energy medicine and the unifying concept of information*, *Altern Ther Health Med* 1:34-39, 1995.
55. ... Dossey L: *Healing words: the power of prayer and the practice of medicine*, New York, 1993, HarperCollins.
56. ... Levin JS: Religion and health: Is there an association, is it valid, and is it causal? *Soc Sci Med* 38(11):1475-1482, 1994.
57. ... Motoyama H: *The correlation between psi energy and ki: unification of religion and science*, Tokyo, 1991, Human Science Press.
58. ... Dossey L: *Meaning and medicine*, New York, 1991, Bantam.
59. ... May R: *Freedom and destiny*, New York, 1981, Delta Books.

SIMONTON

1. Berkman LF, Syme SL: Social networks, host resistance, and mortality: a nine year follow-up of Alameda County residents, *Am J Epidemiol* 109:186-204, 1979.
2. House JS, Robbins C, Metzner HL: The association of social relationships and activities with mortality: prospective evidence from the Tecumseh Community Health Study, *Am J Epidemiol* 116:123-140, 1982.
3. Hislop TG et al: The prognostic significance of psychosocial factors in women with breast cancer, *J Chronic Dis* 40:723-735, 1987.
4. Maunsell E, Brisson J, Deschenes L: Social support and survival among women with breast cancer, *Cancer* 76:631-637, 1995.
5. Waxler-Morrison N et al: Effects of social relationships on survival for women with breast cancer: a prospective study, *Soc Sci Med* 33:177-183, 1991.
6. Colon EA et al: Depressed mood and other variables related to bone marrow transplantation survival in acute leukemia, *Psychosomatics* 32:420-425, 1991.
7. Funch DP, Marshall J: The role of stress, social support and age in survival from breast cancer, *J Psychosom Res* 27:77-83, 1983.
8. Reynolds P, Kaplan GA: Social connections and risk for cancer: prospective evidence from the Alameda County study, *Behav Med* 16:101-110, 1990.
9. Cassileth BR et al: Psychosocial correlates of survival in advanced malignant disease? *N Engl J Med* 312:1551-1555, 1985.
10. Barraclough J et al: Life events and breast cancer prognosis, *BMJ* 304:1078-1081, 1992.



- 11....Horn PL, Thompson WD, Schwartz SM: Factors associated with the risk of secondary primary breast cancer: an analysis of data from the Connecticut Tumor Registry, *J Chronic Dis* 40: 1003-1011, 1987.
- 12....Reifman A: Social relationships, recovery from illness, and survival: a literature review, *Ann Behav Med* 17:124-131, 1995.
- 13....Neale AV, Tilley BC, Vernon SW: Marital status, delay in seeking treatment, and survival from breast cancer, *Soc Sci Med* 23:305-312, 1986.
- 14....Goodwin JS et al: The effect of marital status on stage, treatment, and survival of cancer patients, *JAMA* 258:3125-3130, 1987.
- 15....Dean C, Surtees PG: Do psychological factors predict survival in breast cancer? *J Psychosom Res* 33:561-569, 1989.
- 16....Stavraky KM et al: The effect of psychosocial factors on lung cancer mortality at one year, *J Clin Epidemiol* 41:75-82, 1988.
- 17....Richardson JL et al: Psychosocial status at initiation of cancer treatment and survival, *J Psychosom Res* 34:189-201, 1990.
- 18....Ell K, Nishimoto RH, Mediansky L, et al: Social relations, social support, and survival among patients with cancer, *J Psychosom Res* 36:531-541, 1992.
- 19....Helgeson VS, Cohen S: Social support and adjustment to cancer: reconciling descriptive, correlational, and intervention research, *Health Psychol* 15:135-148, 1996.
- 20....Tross S, Herdon J, Korzun A, et al: Psychological symptoms and disease-free and overall survival in women with stage II breast cancer: cancer and leukemia group B, *J Natl Cancer Inst* 88: 629-631, 1996.
- 21....Jamison RB, Burish TG, Wallston KA: Psychogenic factors in predicting survival of breast cancer patients, *J Clin Oncol* 5:768-772, 1987.
- 22....Silberfarb PM, Anderson KM, Rundle AC, et al: Mood and clinical status in patients with multiple myeloma, *J Clin Oncol* 9:2219-2224, 1991.
- 23....Jenkins PL et al: A prospective study of psychosocial morbidity in adult bone marrow transplant recipients, *Psychosomatics*, 35:361-367, 1994.
- 24....Kaplan GA, Reynolds P: Depression and cancer mortality and morbidity: prospective evidence from the Alameda County study, *J Behav Med* 11:1-13, 1988.
- 25....Zonderman AB, Costa PT, McCrae RR: Depression as a risk for cancer morbidity and mortality in a nationally representative sample, *JAMA* 262:1191-1215, 1989.
- 26....Burack JH et al: Depressive symptoms and CD4 lymphocyte decline among HIV-infected men, *JAMA* 270:2568-2573, 1993.
- 27....Lyketsos CG et al: Depressive symptoms as predictors of medical outcomes in HIV infection, *JAMA* 270:2563-2567, 1993.
- 28....Perry S et al: Relationships over 1 year between lymphocyte subsets and psychosocial variables among adults with infection by human immunodeficiency virus, *Arch Gen Psychiatry* 49:396-401, 1992.
- 29....Fraser-Smith N, Lesperance R, Talajic M: Depression following myocardial infarction, *JAMA* 270:1819-1825, 1993.
- 30....Ladwig KH, Kieser M, Konig J: Affective disorders and survival after acute myocardial infarction, *Eur Heart J* 12:959-964, 1991.
- 31....Derogatis LR, Abeloff MD, Melisaratos MHS: Psychological coping mechanisms and survival time in metastatic breast cancer, *JAMA* 242:1504-1508, 1979.

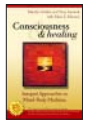


Consciousness and Healing

Integral Approaches to Mind-Body Medicine



32. ...Fawzy FI et al: Malignant melanoma: effects of an early structured psychiatric intervention, coping, and affective state on recurrence and survival 6 years later, *Arch Gen Psychiatry* 50:681-689, 1993.
33. ...Gorzynski JG et al: Stability of ego defense and endocrine responses in women prior to breast biopsy and ten years later, *Psychosom Med* 42(3):323-328, 1980.
34. ...Levy SM et al: Prognostic risk assessment in primary breast cancer by behavioral and immunological parameters, *Health Psychol* 4:99-113, 1985.
35. ...Rogentine GN et al: Psychological factors in the prognosis of malignant melanoma: a prospective study, *Psychosom Med* 41:647-655, 1979.
36. ...Bacon CL, Renneker R, Cutler M: A psychosomatic survey of cancer of the breast, *Psychosom Med* 14:453-460, 1952.
37. ...Blumberg EM, West PM, Ellis FW: A possible relationship between psychological factors and human cancer, *Psychosom Med* 16:277-286, 1954.
38. ...Epping-Jordan JE, Compas BE, Howell DC: Predictors of cancer progression in young adult men and women: avoidance, intrusive thoughts, and psychological symptoms, *Health Psychol* 13:539-547, 1994.
39. ...Levy SM et al: Immunological and psychosocial predictors of disease recurrence in patients with early-stage breast cancer, *Behav Med* 17:67-75, 1991.
40. ...Jensen MR: Psychobiological factors predicting the course of breast cancer, *J Pers* 55:317-342, 1987.
41. ...Temoshok L: Biopsychosocial studies on cutaneous malignant melanoma: psychosocial factors associated with prognostic indicators, progression, psychophysiology and tumor-host response, *Soc Sci Med* 8:833-840, 1985.
42. ...Goodkin K, Antoni MH, Blaney PH: Stress and hopelessness in the promotion of cervical intraepithelial neoplasia to invasive squamous cell carcinoma of the cervix, *J Psychosom Res* 30:67-76, 1986.
43. ...Antoni MH, Goodkin K: Host moderator variables in the promotion of cervical neoplasia. II. Dimensions of life stress, *J Psychosom Res* 33(4):457-467, 1989.
44. ...Antoni MH, Goodkin K: Host moderator variables in the promotion of cervical neoplasia. I. Personality facets, *J Psychosom Res* 32(3):327-338, 1989.
45. ...Antoni MH, Goodkin K, Helder L: Psychological stressors, coping, and cervical neoplasia in 3 samples studies from 1981-1990. In *Twelfth Annual Scientific Sessions of the Society of Behavioral Medicine*, Rockville, Md, 1993, Society of Behavioral Medicine, p. 128.
46. ...Goodkin K et al: Psychoneuroimmunological aspects of disease progression among women with human papilloma virus-associated cervical dysplasia and human immunodeficiency virus type 1 co-infection, *Int J Psychiatry Med* 23:119-148, 1993.
47. ...Gross J: Emotional expression in cancer onset and progression, *Soc Sci Med* 12:1239-1248, 1989.
48. ...Razavi D et al: Psychosocial correlates of oestrogen and progesterone receptors in breast cancer, *Lancet* 335:931-933, 1990.
49. ...Lazarus R, Folkman S: Coping and adaptation. In: Gentry WD, ed: *The handbook of behavioral medicine*, New York, NY, 1984, Guilford, pp 282-325.
50. ...Greer S, Morris T, Pettingale KW: Psychological response to breast cancer: effect on outcome, *Lancet* 2:785-787, 1979.
51. ...Greer S et al: Psychological response to breast cancer and 15-year outcome, *Lancet* 1:49-50, 1991.
52. ...Pettingale KW et al: Mental attitudes to cancer: an additional prognostic factor, *Lancet* 1:750, 1985.



Consciousness and Healing

Integral Approaches to Mind-Body Medicine



53. ... Andrykowski MA, Brady MJ, Henslee-Downey PJ: Psychosocial factors predictive of survival after allogeneic bone marrow transplantation for leukemia, *Psychosom Med* 56:432-439, 1994.
54. ... Buddeberg C et al: Coping strategies and course of disease of breast cancer patients, *Psychother Psychosom* 55:151-157, 1991.
55. ... Stanton AL, Snider PR: Coping with a breast cancer diagnosis: a prospective study, *Health Psychol* 12:16-23, 1993.
56. ... Carver CS et al: How coping mediates the effect of optimism on distress: a study of women with early stage breast cancer, *J Pers Soc Psychol* 65:375-390, 1993.
57. ... Manne SL et al: Coping with chemotherapy for breast cancer, *J Behav Med* 17:41-55, 1994.
58. ... Levenson JL et al: Denial predicts favorable outcome in unstable angina pectoris, *Psychosom Med* 46:25-32, 1984.
59. ... Levenson JL et al: Denial and medical outcome in unstable angina, *Psychosom Med* 51:27-35, 1989.
60. ... Levine J et al: The role of denial in recovery from coronary heart disease, *Psychosom Med* 49:109-117, 1987.
61. ... Ironson G, Antoni M, Lutgendorf S: Can psychological interventions affect immunity and survival? Present findings and suggested targets with a focus on cancer and human immunodeficiency virus, *Mind/Body Med* 1:85-110, 1995.
62. ... Spiegel D et al: Effect of psychosocial treatment on survival of patients with metastatic breast cancer, *Lancet* 338:888-891, 1989.
63. ... Temoshok L et al: The relationship of psychosocial factors to prognostic indicators in cutaneous malignant melanoma, *J Psychosom Res* 29:139-153, 1985.
64. ... Temoshok L: Personality, coping style, emotion, and cancer: toward an integrative model, *Cancer Surv* 6:546-567, 1987.
65. ... Scheier MF et al: Dispositional optimism and recovery from coronary artery bypass surgery: the beneficial effects on physical and psychological well-being, *J Pers Soc Psychol* 57:1024-1040, 1989.
66. ... Reed GM et al: "Realistic acceptance" as a predictor of decreased survival time in gay men with AIDS, *Health Psychol* 13:299-307, 1994.
67. ... Schulz R et al: Pessimism, age, and cancer mortality, *Psychol Aging* 11:304-309, 1996.
68. ... Scheier MR, Bridges MW: Person variables and health: predispositions and acute psychological states as shared determinants for disease, *Psychosom Med* 57:255-268, 1995.
69. ... DiClemente RJ, Temoshok L: Psychological adjustment to having cutaneous malignant melanoma as a predictor of follow-up clinical status, *Psychosom Med* 47:81, 1985.
70. ... Appels A, Schouten E: Burnout as a risk factor for coronary heart disease, *Behav Med* 17:53-59, 1991.
71. ... Appels A, Otten F: Exhaustion as a precursor of cardiac death, *Br J Clin Psychol* 31:351-356, 1992.
72. ... Kop WJ et al: Vital exhaustion predicts new cardiac events after successful coronary angioplasty, *Psychosom Med* 56:281-287, 1994.
73. ... Levy SM et al: Perceived social support and tumor estrogen/progesterone receptor status as predictors of natural killer cell activity in breast cancer patients, *Psychosom Med* 52:73-85, 1990.
74. ... Manunsel E, Brisson J, Deschenes L: Receptor status and psychological adjustment of breast cancer patients [letter], *Lancet* 47:336, 1990.
75. ... Anderson BL, Kiecolt-Glaser JK, Glaser R: A biobehavioral model of cancer stress and disease course, *Am Psychol* 49(5):389-404, 1994.

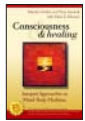


Consciousness and Healing

Integral Approaches to Mind-Body Medicine



76. ...Chandra RK, Newberne PM: Nutrition, immunity, and infection: mechanisms of interactions, New York, 1977, Plenum.
77. ...Friedman H, Klein T, Specter S: Immunosuppression by marijuana and components. In Adler R, Felten DL, Cohen N, Editors: Psychoneuroimmunology, San Diego, Calif, 1991, Academic Press, pp. 66-85.
78. ...Irwin M, Smith TL, Lillin JC: Electroencephalographic sleep and natural killer cell activity in depressed patients and control subjects, *Psychosom Med* 54:10-21, 1992.
79. ...Redd WH et al: Physiologic and psychobehavioral research in oncology, *Cancer* 67:813-822, 1991.
80. ...Selye H: The stress of life, New York, 1956, McGraw-Hill.
81. ...Herbert TB, Cohen S: Stress and immunity in humans: a meta-analytic review, *Psychosom Med* 55:364-379, 1993.
82. ...Maier SF, Watkins LR, Fleshner M: Psychoneuroimmunology: the interface between behavior, brain, and immunity, *Am Psychol* 49:1004-1017, 1994.
83. ...O'Leary A: Stress, emotion, and human immune function, *Psychol Bull* 108:363-382, 1990.
84. ...Sherman AC, Simonton-Atchley S: Psychological aspects of treating oncology patients. In Myers EN, Suen JY, eds: *Cancer of the head and neck*, ed 3, Philadelphia, 1996, WB Saunders, pp 917-925.
85. ...Ahles TA, Martin JB: Cancer pain: a multidimensional perspective, *Hosp J* 8:25-48, 1992.
86. ...Fawzy FI et al: A structured psychiatric intervention for cancer patients. II. Changes over time in immunological measures, *Arch Gen Psychiatry* 47:729-735, 1990.
87. ...Levy SM et al: Estrogen receptor concentration and social factors as predictors of natural killer cell activity in early-stage breast cancer patients, *Natl Immunol Cell Growth Regul* 9:313-324, 1990.
88. ...Levy S et al: Correlations of stress factors with sustained depression of natural killer cell activity and predicted prognosis in patients with breast cancer, *J Clin Oncol* 5:348-353, 1987.
89. ...Levy SM et al: Immunological and psychosocial predictors of disease recurrence in patients with early-stage breast cancer, *Behav Med* 17:67-75, 1991.
90. ...Levy SM et al: Prognostic risk assessment in primary breast cancer by behavioral and immunological parameters, *Health Psychol* 4:99-113, 1985.
91. ...Levy SM et al: Perceived social support and tumor estrogen/progesterone receptor status as predictors of natural killer cell activity in breast cancer patients, *Psychosom Med* 52:73-85, 1990.
92. ...Anderson BL et al: Stress and immune responses after surgical treatment for regional breast cancer, *J Natl Cancer Inst* 90:30-36, 1998.
93. ...Goodkin K et al: A partially testable, predictive model of psychosocial factors in the etiology of cervical cancer. II. Bioimmunological, psychoimmunological and socioimmunological aspects, critique and prospective integration, *Psychooncology* 2:99-121, 1993.
94. ...Pettingale KW: Towards a psychobiological model of cancer: biological considerations, *Soc Sci Med* 20:779-787, 1985.
95. ...Gruber BL et al: Immunological responses of breast cancer patients to behavioral interventions, *Biofeedback Self Regul* 18:1-22, 1993.
96. ...Anderson BL: Testing the biobehavioral model of cancer stress and disease course. Paper presented at the Fourth International Congress of Behavioral Medicine, March 13-16, 1996, Washington, DC.
97. ...Simonton S: The influence of psychological therapy on the immune system in patients with advanced cancer, *Dissertation Abstracts Int* 55-05-B:1-86, 1994.
98. ...Richardson MA et al: Coping, life attitudes, and immune responses to imagery and group support after breast cancer treatment, *Altern Ther Health Med* 3:62-70, 1997.



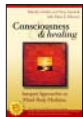
99. ...Gellert GA, Maxwell RM, Siegel B: Survival of breast cancer patients receiving adjuvant psychosocial support therapy: a 10 year follow-up study, *J Clin Oncol* 1:66-69, 1993.
100. ...Folkman J, Haudenschild C: Angiogenesis in vivo, *Nature* 551-555, 1980.
101. ...Lippman ME: Psychosocial factors and the hormonal regulation of tumor growth. In Levy SM, Editor: *Behavior and cancer*, San Francisco, 1985, Jossey-Bass, pp. 134-147.
102. ...Tomei LD et al: Psychological stress and phorbol ester inhibition of radiation-induced apoptosis in human PBLs, *Psychiatry Res* 33:59-71, 1990.
103. ...Kiecolt-Glaser JK et al: Distress and DNA repair in human lymphocytes, *J Behav Med* 8:311-320, 1985.

LEVIN

No References

JOHNSON

1.Martin DB: *The Corinthian body*, New Haven, Conn, 1995, Yale (footnote 9 for Chapter 5, p. 271).
2.Husserl E: *Ideas pertaining to a pure phenomenology and to phenomenology and to a phenomenological philosophy. Third Book. Also, Phenomenology and the foundations of the sciences.*, translated by Ted E. Klein and William E. Pohl, The Hague, 1980, Martinus Nijhoff (ppar. 2, 3.) Cited by Behnke E: *On the intertwining of phenomenology and somatics*. In *The Newsletter of the Study Project in Phenomenology of the Body*, 6:1 (Spring, 1993), p. 11.
3.Hanna T: *Bodies in revolt: a primer in Somatic thinking*, San Francisco, 1970, Holt, Rinehart, and Winston
4.Hanna T: *What is Somatics? Somatics* (Spring/Summer 1986), vol 5, no 4, pp. 4-8.
5.For fragments of this forgotten lineage, I am indebted to two books written by its direct heirs: Spreads CH: *Ways to better breathing*, Great Neck, N.Y., 1986, Felix Morrow, pp. xxi ff; and Ehrenfried L: *De l'education du corps à l'équilibre de l'esprit*, Paris, 1956, Editions Mouton, pp. 133-139. The task of uncovering the history of Somatics is similar to that confronting feminist historians; we depend on oral history, fragments mentioned by the way in exercise books or in histories of dance, a teacher mentioned in passing.
6.The development of the Delsarte System is described in Shawn T: *Every little movement*, New York, 1954, M. Wittmark, which also has a bibliography of the work.
7.Kofler L: *The art of breathing*, New York, 1889, Edgar S. Werner; German edition, 23rd ed, Cassel, Germany, 1966, Baerenreiter Verlag.
8.A valuable book for a study of this period is Toepfer K: *The empire of ecstasy: nudity and movement in German body culture, 1910-1935*, Berkeley, 1997, Univ of California Press.
9.A book that deals with the burst of creative technical invention during and after the war, with its effects on research in physics, is Galison P: *Image and logic: a material culture of microphysics*, Chicago, 1997, University of Chicago Press.
10.Hillel Schwartz describes the robust contemporary body culture present in modern dance, the martial arts, and individual sports in "Torque: the new kinaesthetic of the twentieth century," in *Incorporations*, edited by Jonathan Crary and Sanford Kwinter, New York, 1992, Urzone, 1992, pp. 70-126.
11.Cf. Charles V. W. Brooks, *Sensory awareness: The rediscovery of experiencing through the workshops of Charlotte Selver*, Great Neck, N.Y., 1986, Felix Morrow.



Consciousness and Healing

Integral Approaches to Mind-Body Medicine



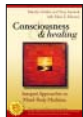
12. ... Alexander Lowen studied with Wilhelm Reich and developed a secularized, less mystical version of Reich's bioenergetic approach to psychoanalysis. He has written extensively on his synthesis; see, for example, *The language of the body*, New York, 1958, Collier Books
13. ... Feldenkrais M: *The case of Nora: body awareness as healing therapy*, 1993, North Atlantic Books.
14. ... Rolf I: *Rolfing: the integration of human structures*, New York, 1979, Harper & Row.
15. ... Mine include *The protean body*, New York, 1977, Harper and Row; *Body: recovering our sensual wisdom*, Boston, 1983, Beacon Press; *Body, spirit, and democracy*, Berkeley, 1994, North Atlantic Books; "Principles and techniques: towards the unity of the Somatics field," *Somatics*, (Autumn/Winter 1986-1987), vol 6: pp 4-8.
16. ... *Bone, breath, and gesture: practices of embodiment* (1995); *Groundworks: narratives of embodiment* (1997); and *The body in psychotherapy: inquiries in Somatic psychology*, edited with Ian J. Grand (1998).
17. ... For example, as this article goes to press, a major collection of essays by some 70 Somatics theorists and practitioners is being published in Germany: Marlock G, Halko Weiss, Editors: *The handbook of body psychotherapy*, Berlin, 2004, Hogrefe Verlag.
18. ... Leading the field in developing a body of case studies are *The Feldenkrais journal* (P.O. Box 2067, Berkeley, CA 94702), the *School for Body-Mind Centering* (189 Pondview Drive, Amherst, MA 01002), and *The Alexander journal* (20 London House, 266 Fulham Road, London SW109EL).
19. ... I have attempted to articulate the beginnings of a theoretical model that might be used in empirical studies: "Intricate Tactile Sensitivity: A Key Variable in Western Integrative Bodywork." In Saper, Clifford, Mayer, Emeran, editors: *The biological basis for mind body interactions*, Amsterdam, 2000, Elsevier; *Prog Brain Res* 122: 479-90.
20. ... For example, see Kuriyama S: *The expressiveness of the body and the divergence of Greek and Chinese medicine*, New York, 1999, Zone Books.

ESKENAZI

1. Eliade M: *Rites and symbols of initiation*, 1958, Spring Publications, p. 135.
2. *The American Society of Plastic Surgeons*, 2002 Procedural Statistics, Arlington Heights, Ill.
3. *The American Society of Plastic Surgeons*, 2002 Procedural Statistics, Arlington Heights, Ill.
4. Eliade M: *Rites and symbols of initiation*, New York, 1958, Harper Torchbooks, p.134.
5. Jung C: *The portable Jung*, New York, 1976, Penguin Books.
6. Turner V: *The ritual process*, Hawthorne, NY, 1969, Aldine De Gruyter, pp. 94-130.
7. Woodman M: *The ravaged bridegroom*, Toronto, Can, 1990, Inner City Books.
8. Matthiesson P: *The circle of life*, San Francisco, 1991, Harper, p. 229.
9. Acuña M: *Before a corpse*, in *Obras*, Porrúa, Col. de Escritores Mexicanos n°55, Mexico, 1965.

HALPRIN

1. Dr. Brendan O'Regan.
2. Perls FS: *The gestalt approach and eye witness to therapy*, Ben Lomond, Calif, 1973, Science and Behavior Books.
3. Saches C: *World history of the dance*, New York, 1937, Norton & Co.

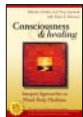


DOSSEY

1. Monod J: Chance and necessity, New York, 1972, Random House.
2. Idler EL, Kasi S: Health perceptions and survival: Do global evaluations of health status really predict mortality? *Gerontology* 46(2):S55-65, 1991.
3. Engel GL: Sudden and rapid death during psychological stress: Folklore or folk wisdom? *Ann Intern Med* 74:1325-1335, 1971.
4. Ferguson M, Ferguson E: Low death rate for Jewish men at Passover shows will to live, *Brain Mind Bull* 14(4):4, 1989.
5. Sontag S: *Illness as metaphor*, New York, 1977, Farrar, Straus and Giroux.
6. Wilber K, Editor: *Quantum questions: mystical writings of the world's great physicists*, Boston, 1984, Shambhala.
7. Eddington AS: Defense of mysticism. In Wilber K, Editor: *Quantum questions: mystical writings of the world's great physicists*, Boston, 1984, Shambhala.
8. Adler G, Jaffe A, Editors: *Jung's letters (Vol 1)*, Princeton, NJ, 1973, Princeton University Press.
9. Jung CG: *Psychology and the occult*, Princeton, NJ, 1977, Princeton University Press.
10. Jung CG: *Memories, dreams, reflections*, New York, 1965, Vintage Books.
11. Medalie JH, Groldbourt U: Angina pectoris among 10,000 men, II: Psychosocial and other risk factors as evidenced by a multivariate analysis of five-year incidence study, *Am J Med* 60:910-921, 1976.
12. Special Task Force to the Secretary of Health, Education, and Welfare: *Work in America*, Cambridge, Mass, 1973, MIT Press.
13. Ornish D, Scherwitz LW, Doody RS, et al: Effects of stress management training and dietary changes in treating ischemic heart disease, *JAMA* 249:54-59, 1983.
14. Ornish D: Can lifestyle changes reverse coronary artery disease? *Lancet* 336:129, 1990.
15. Schiiefer SJ, Keller SE, Camerino M, Thornton JC, Stein M: Suppression of lymphocyte stimulation following bereavement, *JAMA* 250:374-377, 1983.
16. Karasek RA, Theorell TG, Schwartz J, Pieper C, Alfredsson L: Job, psychosocial factors and coronary heart disease, *Adv Cardiol* 29:62-67, 1982.
17. Karasek RA, Theorell T, Schwartz JE, et al: Job characteristics in relation to the prevalence of myocardial infarction in the U.S.: health examination survey (HES) and the health and nutritional examination survey (HANES), *Am J Public Health* 78:910-918, 1988.
18. Spiegel D, Bloom J, Kraemer H, Gotheil E. Effects of psychosocial treatment on survival of patients with metastatic breast cancer, *Lancet* 2(8668):888-891, 1989.
19. Bohm D: *Meaning and information*. In Puykkanen P, editor: *The search for meaning*, Wellingborough, Northamptonshire, England, 1989, Crucible.
20. Jaffe A: *The myth of meaning: Jung and the expansion of consciousness*, New York, 1975, Penguin.

HIRSHBERG

1. Letters, 1983. 1989. Peggy McNeil's story appeared in *The Heart of Healing* television documentary, Time-Life Video, 1994.
2. Hirshberg C: "Spontaneous remission-the spectrum of self-repair." In *Spontaneous remission-an annotated bibliography*, Sausalito, Calif, 1993, Institute of Noetic Sciences.



Consciousness and Healing

Integral Approaches to Mind-Body Medicine



3. Schilder JN: Long-term survival of cancer and its ultimate: spontaneous regression of cancer: a study of psychosocial factors involved. In Bessette L, Editor: Healing beyond suffering or death, Quebec, 1994, MNH and Caryle Hirshberg.
4. Hirshberg C, Barasch MI: Remarkable recovery, New York, 1995, Riverhead Books, p. 177.
5. Hirshberg C, Barasch MI: op. Cit., pp. 324-334.
6. O'Regan B, Hirshberg C: Spontaneous remission: an annotated bibliography, Sausalito, Calif, 1993, Institute of Noetic Sciences.
7. Hirshberg C, Barasch MI: op. Cit., p. 214.
8. Hirshberg C, Barasch MI: op. Cit., p. 293.
9. Hirshberg C, Barasch MI: op. Cit., p. 250.
10. Hirshberg C, Barasch MI: op. Cit., pp. 293-294.
11. Ayres RCS et al: Spontaneous regression of hepatocellular carcinoma, Gut 31(6): 722-724, 1990.
12. Grem JL et al: Spontaneous remission in diffuse large cell lymphoma," Cancer 57 (10): 2042-2044, 1986.
13. Marty's story (edited) was included in Hirshberg C, Barasch MI: Remarkable Recovery, New York, 1995, Riverhead Books, pp. 184-191.
14. Letter from Geertje Brakel, 1997. Geertje Brakel's story appeared in The Heart of Healing television documentary, Turner Broadcasting Corporation, 1993 and Remarkable Recovery, 1995.
15. Interview with Dr. Marco DeVries, The Heart of Healing, Turner Broadcasting Company, 1993.
16. Bristol Cancer Help Centre, Bristol, England, October, 1995.
17. Penny Brohn, from her lecture at "A Question of Hope," October 1995.

MILES

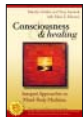
No references

PEARCE

No references

VALLE

1. Levine S: Who dies? An investigation of conscious living and conscious dying, Garden City, N.Y., 1982, Anchor Books.
2. Ram Dass: Still here. Embracing aging, changing, and dying, New York, 2000, Riverhead Books.
3. Bianchi E: Aging as a spiritual journey, New York, 1982, Crossroad.
4. Grassman D: Turning personal grief into personal growth, Nursing 92:43-42, April 1992.
5. Mohs M: The grief experience, Brentwood, Calif, 1995, Awakening Press.
6. Worden J: Grief counseling and grief therapy: a handbook for the mental health practitioner, New York, 1982, Springer.
7. Longaker C: Facing death and finding hope: a guide to the emotional and spiritual care of the dying, New York, 1997, Doubleday.



Consciousness and Healing

Integral Approaches to Mind-Body Medicine



8.Valle RS, Mohs M: Transpersonal awareness in phenomenological inquiry: philosophy, reflections, and research. In Braud W, Anderson R, Editors: Transpersonal research methods for the social sciences: honoring human experience, Thousand Oaks, Calif, 1998, Sage Publications, pp. 95-113.
9.Rinpoche S: The Tibetan book of living and dying, San Francisco, 1992, Harper San Francisco.
- 10....Rama S: Sacred journey: living purposefully and dying gracefully, New Delhi, 1995, Himalayan International Institute of Yoga Science and Philosophy.

CHOPRA

No references

WYATT

1.Soukhanov AH, Editor: Webster's II new Riverside University dictionary, Boston, 1984, The Riverside Publishing Company.
2.Wilber K: A theory of everything, Boston, 2000, Shambhala.
3.Thomas D: "Do Not Go Gentle Into that Good Night." In The Poems of Dylan Thomas, New York, 1971, New Directions Publishing.

SCHLITZ

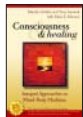
1.Eckhart, Blakney RB: Meister Eckhart: a modern translation, New York, 1969, Harper & Row.
2.Schwartz GE, Simon WL: The afterlife experiments: breakthrough scientific evidence of life after death, New York, 2002, Pocket Books.
3.Moody RA: Life after life: the investigation of a phenomenon-survival of bodily death, New York, 1976, Bantam Books.

SHIRAZI

1.Herman PE: Integral psychology. In Haddick V, Editor: Transcendence and transformation, Lanham, Md, 1983, University Press of America, p 95-102.
2.Sen I: Integral psychology: the psychological system of Sri Aurobindo, Pondicherry, India, 1986, Sri Aurobindo Ashram Trust.
3.Wilber K: The eye of spirit, Boston, 1997, Shambhala Publications.
4.Wilber K: Integral psychology: consciousness, spirit, psychology, therapy, Boston, 2000, Shambhala Publications.
5.Chaudhuri H: Integral psychology: outlook, scope, and methodology, 1973, unpublished manuscript.
6.Chaudhuri H: The evolution of integral consciousness, Wheaton, Ill, 1977, Quest Books.
7.Chaudhuri H: Psychology: humanistic and transpersonal, J Hum Psychol 15(1):7-15, 1975.
8.Agha-Kazem-Shirazi B: Self in integral psychology, Ann Harbor, Mich, 1994, UMI.

GROF

1.Grof S: The holotropic mind, San Francisco, 1992, Harper.



Consciousness and Healing

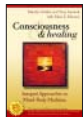
Integral Approaches to Mind-Body Medicine



2. Wasson G, Hofmann A, Ruck, CAP: The road to eleusis: unveiling the secret of the mysteries, New York, 1978, Harcourt Brace and Jovanovitch.
3. Grof S, Grof C, Editors: Spiritual emergencies, Los Angeles, 1989, J.P. Tarcher.
4. Grof C, Grof S: The stormy search for the self, Los Angeles, 1990, J.P. Tarcher.
5. Ross: Multiple personality disorder: diagnosis, clinical features, and treatment, New York, 1989, John Wiley.
6. Perls F: The gestalt approach and eye-witness to therapy, New York, 1976, Bantam.
7. Harner M: The way of the shaman, New York, 1980, Harper and Row.
8. Grof S: Realms of the human unconscious, New York, 1975, Viking Press.
9. Jung CG: The archetypes and the collective unconscious. In Collected works, Vo. 9.1, Bollingen Series XX, Princeton, New Jersey, 1960, Princeton University Press.
10. Grof S: The adventure of self-discovery, Albany, New York, 1988, SUNY Press.
11. Grof S: LSD Psychotherapy, Alameda, Cal, 1994, Hunter House.

BRAUD

1. Regardie I: The philosopher's stone, Saint Paul, Minn, 1974, Llewellyn Publications, p. 90.
2. Achterberg J: Imagery in healing: shamanism and modern medicine, Boston, 1985, Shambhala/ New Science Library, p. 5.
3. Walsh R, Vaughan F: On transpersonal definitions, J Transpers Psychol 25(2): 199-207, 1993.
4. James W: The varieties of religious experience, New York, 1985, Penguin. (Original work published in 1902)
5. Hollenback JB: Mysticism: experience, response, and empowerment, University Park, Penn, 1996, Pennsylvania State University Press.
6. Peters L: Shamanism: phenomenology of a spiritual discipline, Journal of Transpersonal Psychology 21(2): 115-137, 1989
7. Walsh R: What is a shaman? Definition, origin, and distribution, J Transpers Psychol 21(1): 1-11, 1989.
8. Corbin H: Creative imagination in the Sūfism of Ibn 'Arabī (R. Manheim, Trans.), Princeton, N.J., 1981, Princeton/Bollingen.
9. Gray WG: Patterns of Western magic. In Tart CT, Editor: Transpersonal psychologies, New York, 1981, Harper & Row, 1975.
10. Yates FA: Giordano Bruno and the hermetic tradition, London, 1964, Routledge & Kegan Paul.
11. Bowra CM: The romantic imagination, New York, 1961, Galaxy/Oxford University Press.
12. Burnshaw S: The seamless web, New York, 1970, George Braziller.
13. Avens R: Imagination is reality: Western nirvana in Jung, Hillman, Barfield, and Cassirer, Irving, Tex, 1980, Spring Publications.
14. Corbin H: Mundus imaginalis, or the imaginary and the imaginal, Spring 1-19, 1972.
15. Grof S: Varieties of transpersonal experiences: observations from LSD psychotherapy, J Transpers Psychol 4(1): 45-80, 1972.
16. Grof S: Theoretical and empirical basis of transpersonal psychology and psychotherapy: observations from LSD research, J Transpers Psychol 5(1):15-53, 1973.

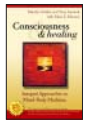


Consciousness and Healing

Integral Approaches to Mind-Body Medicine



17. ...Hillman J: Re-visioning psychology, New York, 1976, Harper & Row.
18. ...Hillman J: The thought of the heart and the soul of the world, Woodstock, Conn, 1995, Spring.
19. ...Jung CG: Memories, dreams, reflections, New York, 1965, Vintage.
20. ...Dossey L: Era III medicine: the next frontier, ReVision 14(3): 128-139, 1992.
21. ...Dossey L: Healing words: the power of prayer and the practice of medicine, New York, 1993, HarperCollins.
22. ...Dossey L: Reinventing medicine, New York, 1999, HarperCollins.
23. ...Braud WG: Allobiofeedback: immediate feedback for a psychokinetic influence upon another person's physiology, In Roll W, Editor: Research in parapsychology 1977, Metuchen, N.J., 1978, Scarecrow Press, pp. 123-134.
24. ...Braud WG: Distant mental influence of rate of hemolysis of human red blood cells, J Am Soc Psych Res 84:1-24, 1990.
25. ...Braud, WG: On the use of living target systems in distant mental influence research. In. Coly L, McMahon JDS, Editors: Psi research methodology: a re-examination, New York, 1993, Parapsychology Foundation, pp. 149-188.
26. ...Braud WG, Schlitz MJ: Psychokinetic influence on electrodermal activity, J Parapsychol 47:95-119, 1983.
27. ...Braud WG, Schlitz M: A methodology for the objective study of transpersonal imagery, J Sci Exploration 3: 43-63, 1989.
28. ...Braud WG, Schlitz MJ: Consciousness interactions with remote biological systems: anomalous intentionality effects, Subtle energies: an interdisciplinary journal of energetic and informational interactions 2: 1-46, 1991.
29. ...Schlitz M, Braud W: Distant intentionality and healing: assessing the evidence, Altern Ther Health Med 3(6): 62-73, 1997.
30. ...Braud WG: Transcending the limits of time, Inner Edge 2(6): 16-18, 1999.
31. ...Braud WG: Wellness implications of retroactive intentional influence: exploring an outrageous hypothesis, Altern Ther Health Med 6(1):37-48, 2000.
32. ...Schwarz BE: Possible telesomatic reactions, Journal of the Medical Society of New Jersey 64(11):600-603, 1967.
33. ...Stanford RG: An experimentally testable model for spontaneous psi events. I. Extrasensory events, J Am Soc Psych Res 68:34-57, 1974.
34. ...Stanford RG: An experimentally testable model for spontaneous psi events. II. Psychokinetic events, J Am Soc Psych Res 68:321-356, 1974.
35. ...Braud WG: Psi conducive conditions: explorations and interpretations. In Shapin B, Coly L, Editors: Psi and states of awareness, New York, 1978, Parapsychology Foundation, pp. 1-41.
36. ...Braud WG: Liability and inertia in psychic functioning. In Shapin B, Coly L, Editors: Concepts and theories of parapsychology, New York, Parapsychology Foundation, pp.1-36.
37. ...Braud WG: Implications and applications of laboratory psi findings, Eur J Parapsychol 8: 57-65, 1991.
38. ...Broughton RS: Parapsychology: the controversial science, New York, 1991, Ballantine.
39. ...Edge HL et al: Foundations of parapsychology, New York, 1986, Routledge & Kegan Paul.
40. ...Krippner S, Editor: Advances in parapsychological research (Vols. 1-3), New York, 1977-1982, Plenum.
41. ...Krippner S, Editor: Advances in parapsychological research (Vols. 4-7), Jefferson, N.C., 1984-1994, McFarland and Company.



Consciousness and Healing

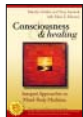
Integral Approaches to Mind-Body Medicine



- 42.... Kurtz P, Editor: A skeptic's handbook of parapsychology, Buffalo, N.Y., 1985, Prometheus.
- 43.... Radin D: The conscious universe: the scientific truth of psychic phenomena, New York, 1997, HarperCollins.
- 44.... Wolman B, Editor: Handbook of parapsychology, New York, 1977, Van Nostrand Reinhold.
- 45.... Schwartz S et al: Infrared spectra alteration in water proximate to the palms of therapeutic practitioners, *Subtle Energies* 1(1): 43-72, 1990.
- 46.... Persinger M: Psi phenomena and temporal lobe activity: the geomagnetic factor. In Henkel L, Berger R, Editors: *Research in parapsychology* 1988, Metuchen, N.J., 1989, Scarecrow Press, pp. 121-156.
- 47.... Spottiswoode J: Geomagnetic activity and anomalous cognition: a preliminary report of new evidence, *Subtle Energies* 1: 91-102, 1990.
- 48.... Spottiswoode J: Apparent association between effect size in free response anomalous cognition experiments and local sidereal time, *J Scientific Explor* 11:109-122, 1997.
- 49.... Braud WG: ESP, PK, and sympathetic nervous system activity, *Parapsychol Rev* 16: 8-11, 1985.
- 50.... Schmeidler GR: *Parapsychology and psychology: matches and mismatches*, Jefferson, N.C., 1988, McFarland & Company.
- 51.... Braud WG: Psi-conductive states, *J Communication* 25: 142-152, 1975.
- 52.... Stanford RG: Conceptual frameworks of contemporary psi research. In Wolman B, Editor: *Handbook of parapsychology*, New York, 1977, Van Nostrand Reinhold, pp. 823-858.
- 53.... Braud WG: PSI and PNI: exploring the interface between parapsychology and psychoneuroimmunology, *Parapsychol Rev* 17(4): 1-5, 1986.
- 54.... Benor DJ: *Healing research: holistic medicine and spiritual healing*, Munich, 1993, Helix Verlag.
- 55.... Solfvin J: Mental healing. In Krippner S, Editor: *Advances in parapsychological research*, Vol. 4, Jefferson, N.C., 1984, McFarland and Company.
- 56.... Shealy CN, Myss CM: *The creation of health: merging traditional medicine with intuitive diagnosis*, Walpole, N.H., 1988, Stillpoint.
- 57.... Briggs J, Peat FD: *Turbulent mirror: an illustrated guide to chaos theory and the science of wholeness*, New York, 1989, Harper & Row.
- 58.... Gleick J: *Chaos: making a new science*, New York, 1987, Viking.
- 59.... Seligman MEP, Csikszentmihalyi M: Positive psychology: an introduction, *Am Psychol* 55:5-14, 2000.

LEVIN (2)

1. Dossey L: *Recovering the soul: a scientific and spiritual search*, New York, 1989, Bantam, pp. 263-267.
2. Gerber R: *Vibrational Medicine: New Choices for Healing Ourselves*, Santa Fe, NM, 1988, Bear & Company
3. Green E: *Energy Medicine: The Interface Between Medical Intervention and Psychophysiologic Self Regulation*, In T.M. Srinivasan, ed., *Energy Medicine Around the World*, Phoenix, AZ, 1996, Gabriel Press, pp. 1-6
4. Dacher ES: A systems theory approach to an expanded medical model: a challenge for biomedicine, *J Altern Complement Med* 1:187-196, 1995.
5. Levin J: *God, faith, and health: exploring the spirituality-healing connection*, New York, 2001, John Wiley & Sons.



Consciousness and Healing

Integral Approaches to Mind-Body Medicine



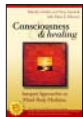
6.Einstein A: The quotable Einstein, Princeton, NJ, 1996, Princeton University Press. 7. Sloan RP, Bagiella E, Powell T: Religion, spirituality, and medicine, *Lancet* 353:664-667, 1999.
8.Koenig HG, McCullough ME, Larson DB: Handbook of religion and health, New York, 2001, Oxford University Press.
9.Benor D: Healing research. Vol. I: Spiritual healing: scientific validation of a healing revolution, revised popular edition, Southfield, Mich, 2001, Vision Publications.
- 10....Benson H: The relaxation response, New York, 1975, Avon Books.
- 11....Funderburk J: Science Studies Yoga: A Review of Physiological Data, Honesdale, PA, 1977, International Institute of Yoga Science and Philosophy
- 12....Green E, Green A: Beyond biofeedback, Fort Wayne, Ind, 1977, Knoll Publishing Company.
- 13....Levin JS, Wickramasekera IE, Hirshberg C: Is Religiousness a Correlate of Absorption?: Implications for Psychophysiology, Coping, and Morbidity, *Alternative Therapies in Health and Medicine* 4,6: 72-76, 1998
- 14....Levin JS, Vanderpool HY: Is frequent religious attendance really conducive to better health? Toward an epidemiology of religion, social science and medicine, *Social Science and Medicine* 24:589-600, 1987.
- 15....Levin JS: How Religion Influences Morbidity and Health: Reflections on Natural History, Salutogenesis and Host Resistance, *Social Science and Medicine* 43:849-864, 1996.
- 16....Levin JS: Religion and Health: Is There an Association, Is it Valid, and Is it Casual?, *Social Science and Medicine* 38:1475-1482, 1994
- 17....Kuhn TS: The structure of scientific revolutions (second edition, enlarged), Chicago, 1970, University of Chicago Press.
- 18....Garrison RL: The five stages of American medical revolutions *J Fam Pract* 40:281-287, 1995.
- 19....Koenig HG, Benson H, Cohen HJ, George LK, Larson DB, McCollough ME, Myers DG, Post SG, Worthington EL: Exploring the Links Between Religion/ Spirituality and Health *Scientific Review of Alternative Medicine* 3:52-55, 1999
- 20....Dossey L: Blindsided: Criticism of CAM from an Unexpected Source, *Alternative Therapies in Health and Medicine* 6:82-85, 2000
- 21....Levin J: "Bumping the top:" Is mysticism the future of religious gerontology? In Kimble MA et al, Editors: Religion, spirituality, and aging: a handbook, Volume 2, Minneapolis, Minn, Fortress Press (in press).
- 22....Levin J: A prolegomenon to an epidemiology of love: theory, measurement, and health outcomes, *J Soc Clin Psychol* 19:117-136, 2000.
- 23....Levin J: A Prolegomenon to an Epidemiology of Love: Theory, Measurement, and Health Outcomes, *Review of Religious Research* 42:277-293, 2001
- 24....Levin J, Steele L: On the epidemiology of "mysterious" phenomena, *Altern Ther Health Med* 7(1):64-66, 2001.

WALSH

No references

ORNISH

No references

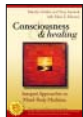


DOSSEY

1.Mead M: Quoted in Sunbeams. The Sun, Chapel Hill, NC, 1994, pp. 228-240.
2.Larson DB, Greenwald Milano MA: Are religion and spirituality clinically relevant in health care? *Mind/Body Med* 1(3): 147-157. 1995.
3.Benor DJ: Healing research. Vols 1-4, Munich, 1993, Helix Verlag.
4.Evans D: Spirituality and human nature, Albany, N.Y., 1993, SUNY Press.
5.Inglis B: Natural and supernatural: a history of the paranormal, Bridport, Dorset, England, 1992, Prism Press, pp. 43-112.
6.Stoeber M, Meynell H, Editors: Critical reflections on the paranormal, Albany, N.Y., 1996, SUNY Press.
7.Haraldsson E, Thorsteinsson T. Psychokinetic effects on yeast: an exploration experiment. In Roll WE, Morris RL, Morris JD, Editors: Research in parapsychology 1972, Metuchen, N.J., 1973, Scarecrow Press, pp. 20-21.
8.Haraldsson E: Research on alternative medicine in Iceland, MISAHA (Monterey Institute for the Study of Alternative Healing Arts) Newsletter, pp. 3-5, April-June 1995.
9.Byrd RC: Positive therapeutic effects of intercessory prayer in a coronary care unit population, *South Med J* 81(7): 826-829, 1998.
- 10....Dossey L: Prayer in the coronary care unit. In *Healing words: The power of prayer and the practice of medicine*, San Francisco, Calif, 1993, HarperSanFrancisco, pp. 179-186.
- 11....Stannard R: The power of prayer, *Christ Parapsychol* 12(7): 196-199, 1997.
- 12....Ehrenwald J: A neurophysiological model of psi phenomena, *J Nerv Ment Dis* 154(6): 406-418, 1972.
- 13....Dossey L: Models of prayer. In *Healing words: the power of prayer and the practice of medicine*, San Francisco, Calif, 1993, HarperSanFrancisco.
- 14....Dossey L: Healing, energy and consciousness: into the future or a retreat to the past? *Subtle Energies* 5(1): 1-33, 1994.
- 15....Dossey L: But is it energy: reflections on consciousness, healing and the new paradigm, *Subtle Energies* 3(3): 69-82, 1992.
- 16....Dossey L: Energy talk, *Network: The Scientific and Medical Network Review (England)* 63: 3-7, 1997.
- 17....Dossey L: Running scared: how we hide from who we are, *Altern Ther Health Med* 3(2): 8-15, 1997.
- 18....Nash CB: Test of psychokinetic control of bacterial mutation, *J Am Soc Psychical Res* 78(2) : 145-152, 1984.
- 19....Nash CB: Psychokinetic control of bacterial growth, *J Am Soc Psychical Res* 51: 217-221, 1982.
- 20....Barry J: General comparative study of the psychokinetic effect on a fungus culture, *J Parapsychol* 32: 237-243, 1968.
- 21....Tedder W, Monty M: Exploration of long-distance PK: a conceptual replication of the influence on a biological system. In Roll WG, Beloff J, Editors: Research in Parapsychology 1980, Metuchen, N.J., 1981, Scarecrow Press, pp. 90-93.

LEVIN

1.Teresa M: Love until it hurts. In Grot S, Editor: Ancient wisdom and modern science, Albany, N.Y., 1984, SUNY Press, pp. 42-46.
2.Kark SL: Epidemiology and community medicine, New York, 1975, Appleton-Century -Crofts.

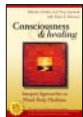


Consciousness and Healing

Integral Approaches to Mind-Body Medicine



3.Cassel J: The contribution of the social environment to host resistance, *American Journal of Epidemiology* 104:107-123, 1976.
4.Jenkins CD: New horizons for psychosomatic medicine, *Psychosomatic Medicine* 47:3-25, 1985.
5.Syme SL: The social environment and disease prevention, *Advances in Health Education and Promotion* 1(Pt. A):237-265, 1986.
6.Berkman LF: Physical health and the social environment: a social epidemiological perspective. In Eisenberg L, Kleinman A, Editors: *The relevance of social science to medicine*, Dordrecht, Holland, 1981, D. Reidel, pp. 51-75.
7.Schimmel A (Trans.): *Look! This is love: poems of Rumi*, Boston, 1996, Shambhala.
8.Mascaro J (Trans.): *The Dhammapada: the path of perfection*, Hammondsworth, Middlesex, England, 1973, Penguin Books.
9.Clissold S (Compiler): *The wisdom of the Spanish mystics*, New York, 1977, New Directions.
- 10.... Sternberg RJ, Barnes ML, Editors: *The psychology of love*, New Haven, Conn, 1988, Yale University Press.
- 11....Pincus AG, Cabrera CC: *Loveology*, Cheshire, Conn, 1995, The Pincus Family.
- 12....Allport GW: A psychological approach to the study of love and hate. In Sorokin PA, Editor: *Explorations in altruistic love and behavior*, Boston, 1950, The Beacon Press, pp.145-164.
- 13....Murstein BI: A taxonomy of love. In Sternberg RJ, Barnes ML, Editors: *The psychology of love*, New Haven, Conn, 1988, Yale University Press, pp. 13-37.
- 14....Brown R: *Analyzing love*, Cambridge, England, 1987, Cambridge University Press.
- 15....Lee JA: *The colors of love: an exploration of the ways of loving*, Don Mills, Ontario, 1973, New Press.
- 16....Lee JA: Love-styles. In Sternberg RJ, Barnes ML, Editors: *The psychology of love*, New Haven, Conn, Yale University Press, pp. 38-67.
- 17....Rotzien A et al: A confirmatory factor analysis of the Hendrick-Hendrick Love Attitudes Scale: we may not yet have an acceptable model, *Structural Equation Modeling* 1: 360-374, 1994.
- 18....Bowlby J: *Attachment and loss. Vol. 1. Attachment*, New York, 1969, Basic Books.
- 19....Bowlby J: *Attachment and loss. Vol. 2. Separation: anxiety and anger*, New York, 1973, Basic Books.
- 20....Bowlby J: *Attachment and loss. Vol. 3. Loss*, New York, 1980, Basic Books.
- 21....Kirkpatrick LA: An attachment-theory approach to the psychology of religion, *International Journal for the Psychology of Religion* 2: 3-28, 1992.
- 22....McFadden SH, Levin JS: Religion, emotions, and health. In Magai C, McFadden, SH, Editors: *Handbook of emotion, adult development, and aging*, San Diego, 1996, Academic Press.
- 23....Shaver P, Hazan C, Bradshaw D: Love as attachment: the integration of three behavioral systems. In Sternberg RJ, Barnes ML, Editors: *The psychology of love*, New Haven, Conn, 1988, Yale University Press, pp. 68-69.
- 24....Hazan C, Shaver P: Romantic love conceptualized as an attachment process, *Journal of Personality and Social Psychology* 52:511-524, 1987.
- 25....Ainsworth MDS et al: Patterns of attachment: a psychological study of the strange situation, Hillsdale, N.J., 1978, Erlbaum.
- 26....Sternberg RJ: A triangular theory of love, *Psychological Review* 93:119-135, 1986.
- 27....Solomon P: Love: a clinical definition, *New England Journal of Medicine* 252: 345-351, 1955.

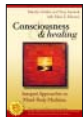


Consciousness and Healing

Integral Approaches to Mind-Body Medicine



28. ... Benoit H: The many faces of love: the psychology of the emotional and sexual life, New York, 1980, Pantheon. (Original work published 1955)
29. ... Fromm E: The art of loving, New York, 1956, Bantam.
30. ... Maslow AH: Toward a psychology of being, Princeton, N.J., Van Nostrand, 1962.
31. ... Rubin Z: Measurement of romantic love, Journal of Personality and Social Psychology 26:265-273, 1970.
32. ... Driscoll P, Davis K, Lipetz M: Parental influence and romantic love, Journal of Personality and Social Psychology 24:1-10, 1972.
33. ... Berscheid E, Walster EH: Interpersonal attraction, Reading, Mass, 1978, Addison-Wesley.
34. ... Critelli JW, Myers EJ, Loos VE: The components of love: romantic attraction and sex role orientation, Journal of Personality 54:354-370, 1986.
35. ... Miller HL, Siegel PS: Loving: a psychological approach, New York, 1972, Wiley.
36. ... Sternberg RJ, Grajek S: The nature of love, Journal of Personality and Social Psychology 4:312-329, 1984.
37. ... Davis KE, Latty-Man H: Love styles and relationship quality: a contribution to validity, Journal of Social and Personal Relationships 4:409-427, 1987.
38. ... Bardis PD: Erotometer: a technique for the measurement of heterosexual love, International Review of Sociology 1:71-77, 1971.
39. ... Lasswell ME, Lobsenz NM: Styles of loving, New York, 1980, Ballantine.
40. ... Storge, Agape, Mania, Pragma, Ludus, Eros.
41. ... Hendrick C, Hendrick S: A theory and method of love, Journal of Personality and Social Psychology 50:392-402, 1986.
42. ... Hendrick C, Hendrick S: A relationship-specific version of the Love Attitudes Scale, Journal of Social Behavior and Personality 5:239-254, 1990.
43. ... Medalie JH, Goldbourt U: Angina pectoris among 10,000 men. II. Psychosocial and other risk factors as evidenced by a multivariate analysis of a five year incidence study, American Journal of Medicine 60:910-921, 1976.
44. ... Medalie JH et al: The importance of biopsychosocial factors in the development of duodenal ulcer in a cohort of middle-aged men, American Journal of Epidemiology 136:1280-1287, 1992.
45. ... Russek LG, Schwartz GE: Feelings of parental caring predict health status in midlife: a 35-year follow-up of the Harvard Mastery of Stress Study, Journal of Behavioral Medicine 20:1-13, 1997.
46. ... Thomas CB: Precursors of premature disease and death: the predictive potential of habits and family attitudes, Annals of Internal Medicine 85:653-658, 1976.
47. ... Marinoni A et al: Psychological distress and its correlates in secondary school students in Pavia, Italy, European Journal of Epidemiology 13:779-786, 1997.
48. ... Walsh A, Walsh PA: Love, self-esteem, and multiple sclerosis, Social Science and Medicine 29:793-798, 1989.
49. ... Hattori T, Taketani K, Ogasawara Y: Suicide and suicide attempts in general hospital psychiatry: clinical and statistical study, Psychiatry and Clinical Neuroscience 49:43-48, 1995.
50. ... McClelland DC: Some reflections on the two psychologies of love, Journal of Personality 54:334-353, 1986.
51. ... Institute of HeartMath: Love and health update-What's love got to do with it? HM Quarterly 4 (2):1-2, 1995.
52. ... McCraty R, Atkinson M, Tiller WA: New electrophysiological correlates associated with intentional heart focus, Subtle Energies 4:251-268, 1993.

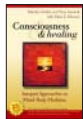


Consciousness and Healing

Integral Approaches to Mind-Body Medicine



53. ... Wickramasekera I: Model of the relationship between hypnotic ability, psi, and sexuality, *Journal of Parapsychology* 55:159-174, 1991.
54. ... Laskow L: *Healing with love: a physician's breakthrough mind/body medical guide for healing yourself and others: the art of holoenergetic healing*, San Francisco, 1992, HarperSanFrancisco.
55. ... Bodian S: *Healing with love: an interview with Leonard Laskow, M.D.*, *Yoga Journal* 103:41-49, 1992.
56. ... Odent M: *Hormones of love*, *Caducous* 26:23-27, 1994.
57. ... Green , Shellenberger R: *The subtle energy of love*, *Subtle Energies* 4(1):31-55, 1993.
58. ... Dossey L: *What's love got to do with it? Alternative Therapies in Health and Medicine* 2(3):8-15, 1996.
59. ... Kaplan BH: *Social health and the forgiving heart: the Type B story*, *Journal of Behavioral Medicine* 15:3-14, 1992.
60. ... Weiss NS: *Clinical epidemiology: the study of the outcome of illness (2nd ed.)*, New York, 1996, Oxford University Press.
61. ... Antonovsky A: *Health, stress, and coping: new perspectives on mental and physical well-being*, San Francisco, 1979, Jossey-Bass.
62. ... Antonovsky A: *Unraveling the mystery of health: how people manage stress and stay well*, San Francisco, 1987, Jossey-Bass.
63. ... Levin JS, Chatters LM: *Research on religion and mental health: an overview of empirical findings and theoretical issues*. In Koenig KG, Editor: *Handbook of religion and mental health*, San Diego, 1998, Academic Press, pp. 33-50.
64. ... Sorokin P: *The ways and power of love: types, factors, and techniques of moral transformation*, Boston, 1954, The Beacon Press.
65. ... Sorokin P: *The mysterious energy of love*, *Main Currents in Modern Thought* 15:3-7, 1958.
66. ... Farmer RDT, Miller DL: *Lecture notes on epidemiology and community medicine (2nd ed.)*, Oxford, 1983, Blackwell Scientific.
67. ... Mausner JS, Kramer S: *Mausner & Bahn epidemiology: an introductory text (2nd ed.)*. Philadelphia, 1985, WB Saunders.
68. ... Last JM: *Public health and human ecology*, East Norwalk, Conn, 1987, Appleton & Lange.
69. ... Monto AS, Higashi GI, Marrs CF: *Infectious agents*. In Holland WW, Detels R, Knox G, Editors: *Oxford textbook of public health. Volume 1: Influences of public health (second ed)*, Oxford, 1991, Oxford University Press, pp. 95-118.
70. ... Giesecke J: *Modern infectious disease epidemiology*, London, 1994, Arnold.
71. ... Lilienfeld DE, Stolley PD: *Foundations of epidemiology (3rd ed.)*, New York, 1994, Oxford University Press.
72. ... Lederberg J, Shope RE, Oaks SC, Jr., Editors: *Emerging infections: microbial threats to health in the United States. Report of the Committee on Emerging Microbial Threats to Health, Division of Health Sciences Policy, Division of International Health, Institute of Medicine, Washington, D.C., 1992*, National Academy Press.
73. ... Greenberg RS et al: *Medical epidemiology (2nd ed.)*, Norwalk, Conn, 1996, Appleton & Lange.
74. ... Poloma MM, Hoelter LF: *The "Toronto blessing": a holistic model of healing*, *Journal for the Scientific Study of Religion* 37:257-272, 1998.
75. ... Dossey L: *Healing words: the power of prayer and the practice of medicine*, San Francisco, 1993, HarperSanFrancisco.



Consciousness and Healing

Integral Approaches to Mind-Body Medicine



LUSKIN

No references

STEINDL-RAST

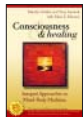
No references

KABAT-ZINN

No references

SCHLITZ

1.Flexner A: Medical education in the United States and Canada. Bulletin No. 4, New York, 1910, The Carnegie Foundation for the Advancement of Teaching.
2.Starr P: The social transformation of American medicine, New York, 1982, Basic Books.
3.Eisenberg DM et al: Unconventional medicine in the United States--Prevalence, costs, and patterns of use, N Engl J Med 328:246-252, 1993.
4.Lakatos I, Musgrave A, Editors: Criticism and the growth of knowledge, Cambridge, UK, 1970, Cambridge University Press.
5.Kuhn T: The structure of scientific revolutions, ed 2, Chicago, 1970, University of Chicago Press.
6.Latour B: Science in action, Cambridge, Mass, 1987, Harvard University Press.
7.Wilber K: Sex, ecology, spirituality: the spirit of evolution, Boston, 1995, Shambhala.
8.Wilber K: A brief history of everything, Boston, 1996, Shambhala.
9.Harman W, de Quincey C: The scientific exploration of consciousness: toward an adequate epistemology (research report), Sausalito, Calif, 1994, Institute of Noetic Sciences.
10.Schlitz MJ: Subtle energies and consciousness: an overview of research. In Shaner K, Editor: Where Eastern philosophy and Western sciences meet: the Smithsonian lectures, New York, in press, Random House.
11.Micozzi M: Characteristics of complementary and alternative medicine. In Micozzi M, Editor: Fundamentals of complementary and alternative medicine, New York, 1996, Churchill Livingstone.
12.Jonas W, Jacobs J: Healing with homeopathy: the natural way to promote recovery and restore health, New York, 1996, Warner Books.
13.Schlitz MJ: Intentionality in healing: mapping the integration of body, mind, and spirit, Altern Therapies 1(5):120-119, 1995.
14.Achterberg J: Imagery and healing: shamanism and modern medicine, Boston, 1985, New Science Library.
15.Achterberg J, Lawlis F: Imagery and disease, Champaign, Ill, 1984, Institute for Personality and Ability Testing.
16.Benson H: The relaxation response, New York, 1975, Morrow.
17.Dacher E: Psychoneuroimmunology: the new mind/body healing program, New York, 1993, Paragon House.
18.Dienstfrey H: Where themind meets the body, New York, 1991, Norton.



Consciousness and Healing

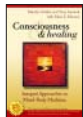
Integral Approaches to Mind-Body Medicine



19. ... Locke S, Colligen D: The healer within, New York, 1986, EP Dutton.
20. ... Deinstfrey H: Will current mind/body research lead to a mind/body medicine? J Mind/Body Medicine 1997.
21. ... Benor DJ: Healing research (in four volumes), Munich, 1993, Helix Editions.
22. ... Braud WG, Schlitz MJ: A methodology for the objective study of transpersonal imagery, J Scientific Exploration 3(1):43-63, 1989.
23. ... Schlitz MJ, Braud WG: Distant intentionality and its potential relevance to healing research: assessing the evidence, Altern Ther 3(6), 1997.
24. ... Schlitz MJ: Intentionality and intuition and their clinical implications: a challenge for science and medicine, Advances: J Mind-Body Health 12(2):58-66, 1996.
25. ... Solfvn J: Mental healing. In Krippner S, Editor: Advances in parapsychological research, Jefferson, N.C., 1984, McFarland and Co.
26. ... Inglis B: The unknown guest: the mystery of intuition, Seven Oaks, England, 1989, Coronet/Hodder and Stoughton.
27. ... Sugrue T: There is a river, Virginia Beach, Vir, 1984, Association for Research and Enlightenment Press.
28. ... Shealy CN, Myss C: The creation of health: merging traditional medicine with intuitive diagnosis, Walpole, N.H., 1988, Stillpoint.
29. ... Harman W, Satoris E: Biology revisioned, Berkeley, Calif, in press, North Atlantic Press, and Sausalito, Calif, Institute of Noetic Sciences.
30. ... Koestler A, Smythies JR, Editors: Beyond reductionism: the new perspectives in the life sciences. The Alpbach Symposium, London, 1969, Hutchinson & Co.
31. ... James W: Essays in radical empiricism, New York, 1912, Longmans, Green and Co.
32. ... Harman W: The scientific exploration of consciousness: towards an adequate epistemology, J Consciousness Studies 1(1):140-148, 1994.
33. ... Harman W, Clarke J, Editors: New metaphysical foundations of modern science, Sausalito, Calif, Institute of Noetic Sciences.
34. ... Wiseman R, Schlitz MJ: Experimenter effects and the remote detection of staring, Annual Proceedings of the Parapsychological Convention, San Diego, CA, 1996.
35. ... Harman W: Global mind change: the promise of the last years of the twentieth century, Sausalito, Calif, 1988, Institute of Noetic Sciences.

KRIPPNER

1. Lewis I: Shamanism: ethnopsychiatry, Self and Society 18:10-21, 1990.
2. Hoppal M: Shamanism: an archaic and/or recent belief system. In Nicholson S, Editor: Shamanism: an expanded view of reality, , Wheaton, Ill, 1987, Quest, pp. 76-100.
3. Krippner S: The epistemology and technologies of shamanic states of consciousness, J Consciousness Studies 7:93-118, 2000.
4. Cohen K: Honoring the medicine: the essential guide to Native American healing, New York, 2003, One World/Ballantine Books.
5. Estrada A, Editor: María Sabina: her life and chants, Santa Barbara, Calif, 1981, Ross-Erickson.
6. Wasson RG: A retrospective essay. In Estrada A, editor: Maria Sabina: her life and chants, Santa Barbara, Cal, 1981, Ross-Erikson.

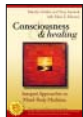


Consciousness and Healing

Integral Approaches to Mind-Body Medicine



7.Winkelman M: Altered states of consciousness and religious behavior. In Glazier S, Editor: Anthropology of religion: a handbook of method and theory, Westport, Conn, 1997, Greenwood.
8.Laughlin C, McManus J, d'Aquili E: Brain, symbol, and experience: toward a neurophenomenology of consciousness, Boston, 1990, Shambhala.
9.Katz R: Boiling energy: community healing among the Kalahari Kung, Cambridge, Mass, 1982, Harvard University Press.
- 10....Stevens A: Archetypes, New York, 1982, William Morrow.
- 11....Winkelman M: Shamans, priests and witches: a cross-cultural study of magico-religious practitioners, Tempe, Ariz, 1992, Anthropological Research Papers, Arizona State University.
- 12....Shweder RA: Aspects of cognition in Zinacanteco shamans: experimental Results. In Lessa WA, Vogt EZ, Editors: Reader in comparative religion: an anthropological approach, ed 4, New York, 1979, Harper & Row, pp. 327-331.
- 13....Mandell: Toward a psychobiology of transcendence: God in the brain. In Davidson JM, Davidson RJ, Editors: The psychobiology of consciousness, New York, 1980, Plenum, pp. 379-464.
- 14....Wilson SC, Barber TX: The fantasy-prone personality: implications for understanding imagery, hypnosis, and parapsychological phenomena. In Sheikh AA, Editor: Imagery: current theory, research, and application, New York, 1983, John Wiley & Sons, pp. 340-387.
- 15....Berman M: Wandering god: a study in nomadic spirituality, Albany, New York, 2000, State University of New York Press.
- 16....Quartz S.R, Sejnowski TJ: The neural basis of cognitive development: a constructivist manifesto, Behav Brain Sci 20: 537-596, 1997.
- 17....Pinker S: How the mind works, New York, 1997, W.W. Norton.
- 18....Winkelman M: Shamanism: the neural ecology of consciousness and healing, Westport, Conn, 2000, Bergin & Garvey.
- 19....Eliade M: Shamanism: archaic techniques of ecstasy (W. R. Trask, Trans.), Princeton, NJ, 1972, Princeton University Press. (Original work published 1951)
- 20....Wiercinski A: On the origin of shamanism. In Hoppal M, von Sadvosky OJ, Editors: Shamanism: Past and present, Los Angeles, 1989, International Society for Trans-Oceanic Research, pp. 19-23.
- 21....Krippner S: Psychical research in the postmodern world, Journal of the American Society for Psychical Research, 89, 1-18, 1989.
- 22....Wasson RG: A retrospective essay. In Estrada A, editor: Maria Sabina: her life and chants, Santa Barbara, Cal, 1981, Ross-Erikson.
- 23....Wade J: Changes of mind: a holonomic theory of the evolution of consciousness, Albany, New York, 1996, State University of New York Press.
- 24....Grim JA: The shaman: patterns of Siberian and Ojibway healing, Norman, Okla, 1983, University of Oklahoma Press.
- 25....Rogers SL: The shaman: his symbols and his healing power, Springfield, Ill, 1982, Charles Thomas.
- 26....Turner V: The drums of affliction: a study of religious processes among the Ndembu of Zambia, Oxford, 1968, Clarendon.
- 27....Dobkin de Rios M: Hallucinogens: cross cultural perspective, Albuquerque, 1984, University of New Mexico Press, p 57.
- 28....Flaherty G: Shamanism and the eighteenth century, Princeton, N.J., 1992, Princeton University Press.
- 29....Sansone JN: The body of myth: mythology, shamanic trance, and the sacred geography of the body, Rochester, Vt, 1994, Inner Traditions International.



Consciousness and Healing

Integral Approaches to Mind-Body Medicine



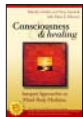
30. ...Mithen S: The prehistory of the mind, New York, 1996, Thames and Hudson.
31. ...Baars BJ: In the theatre of consciousness: the workspace of the mind, New York, 1997, Oxford University Press.
32. ...Newton N: Foundations of understanding, Philadelphia, 1996, John Benjamins.
33. ...Povinelli DJ: Reconstructing the evolution of mind, *Am Psychol* 48:493-509, 1993.
34. ...Gore R: The dawn of humans, *National Geographic*, pp. 92-99, September 1997.
35. ...Clottes J, Lewis-Williams D: The shamans of prehistory: trance and magic in the painted caves (S. Hawkes, Trans.), New York, 1998, Harry N. Abrams. (Original work published 1996)
36. ...Société Préhistorique Française, *La vie préhistorique [Prehistoric life]*, Dijon, France, 1990, Fantan.
37. ...Vanaria T: Creation theory, *Ambassador*, pp. 20-25, 40, March 1997.
38. ...Delluc B., Delluc G., Delvert R: *Discovering Lascaux*, Lucon, France, 1990, Sud Ouest.
39. ...Tattersall I: *Becoming human: evolution and human uniqueness*, New York, 1998, Harcourt Brace.
40. ...Hughes R: The real Australia, *Time*, pp. 99-111, September 11, 2000.
41. ...Boshier A, Costello D: *Witchdoctor*, Johannesburg, 1975, Museum of Man and Science.
42. ...Ludwig A.M: Culture and creativity, *Am J Psychother* 46:454-469, 1992.
43. ...Gore R: People like us, *National Geographic*, pp. 90-117, January 2000.
44. ...Globus G: *The postmodern brain*, Philadelphia, 1995, John Benjamins.
45. ...Goldstein M, Goldstein IE: *How we know: an exploration of the scientific process*, New York, 1978, Plenum Press.
46. ...Luna LE, White SF: Introduction. In Luna LE, White SF, Editors: *Ayahuasca reader: encounters with the Amazon's sacred vine*, Santa Fe, N.M., 2000, Synergetic Press.
47. ...Narby J: *The cosmic serpent: DNA and the origins of knowledge*, New York, 1998, Jeremy P. Tarcher/Putnam.
48. ...Krippner S, Dillard J: *Dreamworking*, Buffalo, N.Y., 1988, Bearly.
49. ...Mahoney M, Albert CJ: Worlds of words, *Constructivism in the human sciences* 1(3/4):22-26, 1997.
50. ...Vandervert LR: The evolution of Mandler's conceptual primitives (image-schemas) as neural mechanisms for space-time simulation structures, *New Ideas in Psychology* 15: 105-123, 1997.
51. ...Fox R: *Energy and the evolution of life*, New York, 1988, Freeman.
52. ...Pribram KH: *Brain and perception*, Hillsdale, N.J., 1991, Lawrence Erlbaum.
53. ...Chalmers DJ: *The conscious mind: in search of a fundamental theory*, New York, 1996, Oxford University Press.
54. ...Rothenberg J: Preface. In Estrada A, Editor: *María Sabina: her life and chants*, Santa Barbara, Calif, 1981, Ross-Erikson, pp. 13-20.

VAUGHAN

No references

MARYBOY

1.Hinton L: *Flutes of fire: essays on California Indian languages*, Berkeley, Calif, 1994, Heyday Books, p. 69.



Consciousness and Healing

Integral Approaches to Mind-Body Medicine



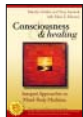
2.Witherspoon GJ: Language and art in the Navajo universe, Ann Arbor, Mich, 2001, University of Michigan Press, pp. 8-9.
3.Alford DM: God is not a noun in native America, Unpublished presentation, 1997.
4.Capra F: The turning point: science, society and the rising culture, New York, 1984, Bantam Books, p. 81.
5.Capra, p. 81.
6.Dossey L: Space, time and medicine, Boston, 1985, Shambala, pp. 80-81.
7.Allen B: Personal communication, February 2, 1998.

RINPOCHE

1.Buddha: Dhammapada: the sayings of the buddha, Byrom T, Translator and Editor, New York, 1996, Vintage.
2.Lama D: The quintessence tantras of Tibetan medicine, Clark B, Translator and Editor, Ithaca, N.Y., 1995, Snow Lion pp. 75-76.
3.Goleman D: Emotional intelligence, New York, 1996, Bloomsbury, p.169.
4.Ornish D: Love and survival, San Francisco, 1996, HarperCollins.
5.Rinpoche S: The Tibetan book of living and dying, San Francisco, 1992, HarperSanFrancisco, pp. 62-63.

YOUNT

1.Zhang W: Outline of Chinese philosophy, Beijing, P.R. China, 1982, Chinese Social Science Publishing House.
2.Fu JH, Chen XZ, Editors (original author[s] anonymous): The yellow emperor's classic of internal medicine, printed in Chinese, Beijing, P.R. China, 1997, Traditional Chinese Medical Ancient Classics Publishing Company (Zhong Yi Gu Ji Chu Ban She).
3.Yu GB: Chinese Qigong illustrated, Beijing, China, 1995, New World Press, p. 8.
4.Zhang WK, Editor: Integrated Chinese and Western medicine, Beijing, P.R. China, 2000, Chinese Medicine and Pharmaceutical Publishing House, pp. 1479-1522
5.Tao Zang.
6.Anonymous (766-779 A.D.): The New Book of Tang.
7.Song Dynasty (960-1279 A.C.): Seven Commentaries of Cloud Bookcase.
8.Ge H (A.D. 320): The master who embraces simplicity (title translated from the Chinese, Bao Pu Zi). English translation: Alchemy, medicine and religion in the China of A.D. 320, New York, 1981, Dover Publications.
9.Feng LD: Modern Qi Gong (title translated from the Chinese), Beijing, P.R. China, 1994, China Economical Science Publishing Company, pp. 100-104; 183-188.
- 10....Lin ZX et al: Qigong: Chinese medicine or pseudoscience? Amherst, N.Y., 2000, Prometheus Books, pp. 56-72.
- 11....Liu GZ: Qi Gong Therapy Practice (title translated from the Chinese), ed 2, Hebei Province, China, Hebei Science and Technology.
12. ... Gu H et al: Research on the material basis of Qi Gong external Qi (translated from the Chinese), The Nature Journal (translated from the Chinese 1:13 (1978); 5:271, 6, 7:957 (1979); 10:747 (1980).



Consciousness and Healing

Integral Approaches to Mind-Body Medicine



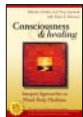
13. ... Zhang HL: Revealing the true face of Qi Gong: correction and clarification of origin (title translated from the Chinese), Beijing, P.R. China, 1996, China Social Science Publication Company, pp. 26; 348-352; 362-365.
14. ... Yan X et al: Laser Raman observation on tap water, saline glucose and medemycine solutions under the influence of external Qi (title translated from the Chinese, The Nature Journal (translated from the Chinese) 11: 567-571, 1988.
15. ... Qing Hua University research group discovered the basis of Qi Gong treating illness, that is, through causing physiological changes. This discovery shows that Qi Gong research in our country had progressed from cell level to molecular level (translated from the Chinese), Guangming Daily, January 24, 1987, p. 1.
16. ... Ke YL: The general trend of Chinese Qi Gong (title translated from the Chinese), Beijing, P.R. China, 1997, Xinhua Publishing Company, pp. 455-466.
17. ... Lu ZY: Scientific Qigong exploration: the wonders and mysteries of Qi, Malvern, Penn, 1997, Amber Leaf Press, pp. 14, 171, 327, and 332.
18. ... Yan X et al: The influence of external Qi on the radioactive decay of ^{241}Am , The Nature Journal (translated from the Chinese) 11: 809-812, 1988.
19. ... Lu ZY et al: External Qi experiments from the United States to Beijing (China) by Yan Xin, China Qigong (translated from the Chinese) 1: 4-6, 1993.
20. ... 89 Guo Yi Yi Zi Number 7 (1989).
21. ... Guo Zhong Yi Yao Fa 2003 Number 33.
22. ... Jonas WB: Magic and methodology: when paradigms clash, Journal of Alternative and Complementary Medicine 5(4): 319-321, 1999.
23. ... Jonas WB, CC Crawford: Science and spiritual healing: a critical review of spiritual healing, "energy" medicine, and intentionality, Altern Ther Health Med 9(2): 56-61, 2003.
24. ... Mo Z et al: Benefits of external qigong therapy on morphine-abstinent mice and rats, J Altern Complement Med 9(6): 827-835, 2003.

REMEN

1. Snider M, Svenko D: The physician burnout project, Sacramento, Calif, El Dorado-Sacramento Medical Society January 1997.

JANISSE

1. Kohn LT, Corrigan JM, Donaldson MS: To err is human: building a safer health system, Washington, D.C., 2000, National Academy Press.
2. Institute of Medicine, Committee on Health Care in America: Crossing the quality chasm: a new health system for the 21st Century, Washington, D.C., 2001, National Academy Press.
3. Delbanco T, Straub C: A health system by and for patients: the Salzburg Seminar. Presented at the 10th National Forum on Quality Improvement in Health Care, Orlando, Florida, 1998.
4. Berwick D: Institute for Healthcare Improvement, 13th Annual National Forum on Quality Improvement in Health Care, Orlando, Florida, 2001.
5. Wheatley MJ, Kellner-Rogers M: A simpler way, San Francisco, 1999, Berrett-Koehler Publishers, p. 6.
6. Wilber K: The eye of spirit: an integral vision for a world gone slightly mad, Boston, 1998, Shambhalas.
7. Wheatley MJ: Turning to one another: simple conversations to restore hope to the future, San Francisco, 2002, Barrett-Koehler.



Consciousness and Healing

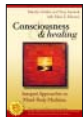
Integral Approaches to Mind-Body Medicine



8.Tallman K, Steinbruegge J, Hatzis M: Successful practices in the physician work environment: we work together, *Permanente Journal* 6(4): 39-42, Fall 2002.
9.Janisse T: National Institutes of Health "Oregon Center for Complementary and Alternative Medicine": value to Permanente medical groups and to Kaiser Foundation Health Plan and Hospitals, *Permanente Journal* 6(4):2-5, Fall 2002.
- 10....Scott J et al: Cooperative health care clinics: a group approach to individual care, *Geriatrics* 53(5):68-70, 76-8, 81, May 1998.
- 11....Elder C: Integrating CAM into practice: the KP Northwest story, *Permanente Journal* 6(4): 57-9, Fall 2002.
- 12....Donovan M, Jacobs PO, Blake M: KPNW Integrated Pain Management Program, *Permanente Journal* 6(2):24-34, Spring 2002.
- 13....Janisse T: Editors' comments. Primary care innovation, *Permanente Journal* 2(3): 2-3, Summer 1998.
- 14....Janisse T, Vuckovic N: Can some clinicians read their patients' minds? Or do they just really like people? A communication and relationship study, *Permanente Journal* 6(3):35-40, Summer 2002.
- 15....Mindfulness practice for busy doctors and healthcare professionals [videotape], Oakland, Calif, 2001, Kaiser Permanente, MultiMedia Communications.
- 16....Moiel D: What do we gain, what do we lose? *Permanente Journal* 2003 Spring. In press.
- 17....Cangialosi K: Healing through the written word, *Permanente Journal* 6(3):68-70, Summer 2002.
- 18....Sobel DS, Lorig KR, Hobbs M: Chronic Disease Self-Management Program: from development to dissemination, *Permanente Journal* 6(2):15-22, Spring 2002.
- 19....Janisse T: Editors' comments. High tech-high touch: dilemma or solution, *Permanente Journal* 4(1):3-5, Winter 2000.

GEORGE

1.Morissette A: "You Learn," from *Jagged Little Pill*, Los Angeles, 1995, Maverick Recording Company.
2.Wilber K: *A brief history of everything*, Boston, 1996, Shambhala.
3.Wilber K: *A theory of everything*, Boston, 2000, Shambhala.
4.Stanton AN, Oakley JR: Pattern of illness before cot deaths, *Arch Dis Child* 58(11):878-881, 1983.
5.Chopra D: *Ageless body, timeless mind*, New York, 1993, Harmony Books.
6.Thomas CB, Duszynski KR: Closeness to parents and the family constellation in a prospective study of five disease states: suicide, mental illness, malignant tumor, hypertension and coronary artery disease, *John's Hopkins Medical Journal* 134:251. 1974.
7.Russel LG, Schwartz GE: Narrative descriptions of parental love and caring predict health status in midlife, *Altern Ther Health Med* 2(6):55-62, 1996.
8.Metts JF: Interstitial cystitis: urgency and frequency syndrome, *Am Fam Physician* 64(7):1199-1206, 2001.
9.Waldie KE, Poulton R: Physical and psychological correlates of primary headache in young adulthood, *J Neurol Neurosurg Psychiatry* 72(1):86-92, 2002.
- 10....Chohen H et al: Prevalence of post-traumatic stress disorder in fibromyalgia patients or post-traumatic fibromyalgia syndrome, *Semin Arthritis Rheum* 32(1):38-50, May 2002.
- 11....Peveler R et al: Psychosocial factors and chronic pelvic pain: a comparison of women with endometriosis and with unexplained pain, *J Psychosom Res* 40(3):305-15, March 1996.



Consciousness and Healing

Integral Approaches to Mind-Body Medicine



12. ...Shephard RJ: Chronic fatigue syndrome: an update [Review], *Sports Med* 31(3): 167-94, 2001.
13. ...Lampe A et al: Chronic pain syndromes and their relation to childhood abuse and stressful life events, *J Psychosom Res* 54(4):361-7, April 2003.
14. ...Lampe A et al: Chronic pelvic pain and previous sexual abuse, *Obstet Gynecol* 96(6):929-33, December 2000.
15. ...Spirituality is being defined here as the "spiritual line of development"; see Wilber K: *Integral Psychology*, Boston, 1999, Shambhala.
16. ...Wilber K: *Sex, ecology, spirituality*, Boston, 1995, Shambhala.
17. ...Martin DJ et al: Relation of the therapeutic alliance with outcome and other variables: a meta-analytic review, *J Consult Clin Psychology* 68(3):438-450, 2000.
18. ...Mann SJ: The mind/body link in essential hypertension: time for a new paradigm, *Alternative Therapies* 6(2):39-45, 2000.
19. ...Himmelstein D et al: *Bleeding the patient*, Monroe, Maine, 2001, Common Courage Press.
20. ... See the foreword to this text, by Ken Wilber. Schlitz M et al, Editors: *Consciousness and healing: Integral approaches to mind-body medicine*, St Louis, 2005, Churchill Livingstone.

WATSON

1.Heim M: *The metaphysics of virtual reality*, Oxford, 1993, Oxford University Press.
2.Krueger M: Introduction. In Heim M: *The metaphysics of virtual reality*, Oxford, 1993, Oxford University Press.
3.Koepsell DR: *The ontology of cyberspace*, Chicago, 2000, Open Court.
4.Harman W: *A re-examination of the metaphysical foundation of modern science*, Sausalito, Calif, 1991, Institute of Noetic Sciences.
5.Bodanis D: *E=mc2*, New York, 2000, Walker.
6.Bache C: *Transformative learning*, Noetic Sciences Institute, pp. 2-6, Spring 2001.

GORDON

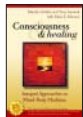
No references

KHANNA

1.Weil A: *Health and healing*, Boston, 1995, Houghton Mifflin, pp. 271-274
2.Featherstone C, Forsyth L: *Medical marriage: the new partnership between orthodox and complementary medicine*, Scotland, 1997, Findhorn Press, pp. 19, 24, 49-54.
3.Goleman D, Gurin J, Editors: *Mind-body medicine*, Yonkers, New York, 1993, Consumer Union of United States, pp. 12-17.
4.Newsweek, December 2, 2000 issue.

SWIMME

1.Wilson EO: *Biophilia*, Cambridge, MA, 1984, Harvard University Press.



Consciousness and Healing

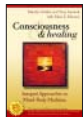
Integral Approaches to Mind-Body Medicine



2. Erlich P, Erlich AH, Hodren JP: *Ecoscience: Population, Resources, Environment*, San Francisco, 1977, Freeman.
3. Raven P: *Biology*, ed 2, St. Louis, 1989, Mosby.
4. Keller EF: *A feeling for the organism: The life and work of Barbara McClintock*, New York, 1983, WH Freeman.

Suggested Readings

- Bertell R: *No immediate danger: prognosis for a radioactive earth*, Toronto, 1985, Women's Educational Press.
- Berry T: *The dream of the earth*, San Francisco, 1988, Sierra Club Books. These essays gesture toward a new, mutually enhancing mode of human presence on the Earth.
- Carson R: *Silent spring*, twenty-fifth anniversary edition, Boston, 1987, Houghton Mifflin. Carson provided the first startling presentation of the chemical poisoning of the land by DDT and the consequences of this poisoning.
- Daly HE: *Economics, ecology, ethics: essays toward a steady-state economy*, San Francisco, 1980, Freeman. Daly offers a new vision of economic balance with the natural world.
- Diamond I, Orenstein GF: *Reweaving the world: the emergence of ecofeminism*, San Francisco, 1990, Sierra Club Books.
- Ellul J: *The technological society*, translated by John Wilkinson, New York, 1964, Knopf. Ellul provides a powerful critique of mechanistic technologies and their deleterious influences on the human dimension of life.
- Gore A: *Earth in the balance: ecology and the human spirit*, New York, 1992, Houghton Mifflin. This is possibly the finest analysis by any American political personality since World War II of our disastrous economic and ecological impasse, with hope and guidance for the future.
- Fox M: *Original blessing*, Santa Fe, 1986, Bear and Company. Fox offers a basic corrective for the excessive Christian emphasis on original sin and redemption.
- Griffin S: *Women and nature: the roaring inside her*, New York, 1978, Harper & Row. Griffin provides one of the earliest and most basic studies of the subject of women and nature.
- Henderson H: *Paradigms in progress: life beyond economics*, Indianapolis, 1991, Knowledge Systems Incorporated. Henderson, an economist fully aware of the ecological difficulties of the late twentieth century, presents a view of possibilities before us.
- Hyams E: *Soil and civilization*, New York, 1980, State Mutual Books. In this valuable survey of human societies and their effect on the environment, Hyams argues that all civilizations have from their origins put considerable stress on the natural systems.
- Merchant C: *The death of nature: women, ecology, and the scientific revolution*, San Francisco, 1981, Harper & Row. This book is an excellent resource for understanding the sources of our plundering attitude toward the natural world.
- Milbrath LW: *Environmentalists: vanguard for a new society*, Albany, New York, 1984, State University of New York Press. This sociological study describes the role of environmentalists in shaping the social and political destinies of the human community.
- Myers N: *Gaia: an atlas of planet management*, Garden City, N.Y., 1984, Anchor Press/Doubleday. This useful reference work on the condition of the planet in the late twentieth century is exceptionally well-illustrated.
- Nash R: *Wilderness and the american mind*, New Haven, Conn, 1982, Yale University Press. Nash offers a basic study of the mystique of the wilderness, as it is understood in America.
- Register R: *Ecocity Berkeley: building cities for a healthy future*, Berkeley, Calif, 1987, North Atlantic Books. Register's book offers a realistic program for renewing our cities within their natural environments through a sequence of transformational stages.
- Spretnak C: *States of grace: the recovery of meaning in the post-modern world, reclaiming the core teachings, practices of the great wisdom traditions, and the well-being of the earth community*, San Francisco, 1991, Harper San Francisco. Spretnak discusses the modern relevance of ancient traditions.



Consciousness and Healing

Integral Approaches to Mind-Body Medicine



- Worster D: Nature's economy: the roots of ecology, Garden City, N.Y., 1977, Anchor Press/Doubleday. This is the best source for understanding the historical development of ecological consciousness since the seventeenth century.
- Wilson EO: Biophilia, Cambridge, Mass, 1984, Harvard University Press. A superb biologist deals with the effect of the human presence on the planet Earth in all the magnificence of its living forms.
- Biodiversity, Washington, D.C., 1988, National Academy Press. This collection presents more than fifty essays, all by distinguished scholars, on biodiversity and its role in the integral functioning of the Earth.

CONN

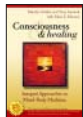
1.Macy J: Interview by Karia Arens, Wild Duck Review 11(1):1-3, 1995.
2.Swimme B, Berry T: The universe story, San Francisco, 1992, Harper.
3.Worster D: The wealth of nature: environmental history and the ecological imagination, New York, 1993, Oxford University Press.
4.Mazer D: Ecopsychology and psychopathology: contributions of a nature-based psychology for understanding human problems, University of Prince Edward Island Department of Psychology, 1996, unpublished manuscript.
5.Armstrong J: Keepers of the earth. In Roszak T, Gomes ME, Kanner AD, Editors: Ecopsychology: restoring the earth, healing the mind, San Francisco, 1995, Sierra Club, pp. 316-324.
6.Roszak T: The greening of psychology: exploring the ecological unconscious, The Gestalt Journal XVII(1):9-46, 1995.
7.Glendenning C: My name is Chellis & I'm in recovery from Western civilization, Boston, 1994, Shambhala.
8.Roberts E: Eco immunology, Applied Deep Ecology Conference, August 1-14, Boulder, Colo, 1993, Sounds True Recordings.
9.Odum E: The fundamentals of ecology, Philadelphia, 1971, WB Saunders.
- 10....Kanner A, Gomes M: The all-consuming self. In Roszak T, Gomes ME, Kanner AD, Editors: Ecopsychology: restoring the earth, healing the mind, San Francisco, 1995, Sierra Club, pp. 77-91.
- 11....Cushman P: Why the self is empty: towards a historically situated psychology, American Psychologist 45:599-611, 1990.
- 12....Swimme B: Canticle to the cosmos, Livermore, Calif, 1990, Newstory Project.

LERNER

1.Aguirre AA et al, Editors: Conservation medicine: ecological health in practice, New York, 2002, Oxford University Press.

BENDA

1.Friedmann E et al: Animal companions and one-year survival of patients after discharge from a coronary unit, Public Health Reports 95:307-312, 1980.
2.Friedmann E, Thomas SA: Pet ownership, social support, and one-year survival after acute myocardial infarction in the Cardiac Arrhythmia Suppression Trial (CAST), American Journal of Cardiology 76:1213-1217, 1995.
3.Anderson WP, Reid CM, Jennings GL: Pet ownership and risk factors for cardiovascular disease, Medical Journal of Australia (5): 298-301, 1992.



Consciousness and Healing

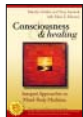
Integral Approaches to Mind-Body Medicine



4.Anderson W, Headey B, Newby J: Health cost savings: The impact of pets on Australian health budgets, Melbourne, Victoria, Australia, 1995, Petcare Information and Advisory Service.
5.Australian Bureau of Statistics: National Health Survey: Summary of results 1989-1990 (No. 4364.0), Canberra, Australian Capitol Territory.
6.Allen KM et al: Presence of human friends and pet dogs as moderators of autonomic responses to stress in women, *Journal of Personality and Social Psychology* 61:582-589, 1991.
7.Benda W, McGibbon NH, Grant KL: Improvements in muscle symmetry in children with cerebral palsy after equine-assisted therapy, *The Journal of Alternative and Complementary Medicine* 9(6), 2003.
8.Bilger B: The last meow, *The New Yorker*, Sept. 8, 2003, pp. 46-53.
9.Garrity TF et al: Pet ownership and attachment as supportive factors in the health of the elderly, *Anthrozoos* 3(1):35-44, 1989.
- 10....Lago D et al: Companion animals, attitudes towards pets, and health outcomes among the elderly: a long-term follow-up, *Anthrozoos* 3(1), 25-34, 1989.
- 11....Rogers J, Hart LA, Boltz RP: The role of pet dogs in casual conversations of elderly adults, *The Journal of Social Psychology* 13(3): 265-271, 1993.
- 12....Buelte MC et al: Facilitating social interaction among institutionalized elderly through use of companion dog, *The Journal of the Delta Society* 2(1):62-63, 1985.
- 13....Fick KM: The influence of an animal on social interactions of nursing home residents in a group setting, *The American Journal of Occupational Therapy* 47(6):529-534, 1993.
- 14....Winkler A: The impact of a resident dog on an institution for the elderly: effects on perceptions and social interactions, *The Gerontologist* 29(27):216-223, 1989.
- 15....Jessen J, Cardiello F, Baun MM: Avian companionship in alleviation of depression, loneliness, and low morale of older adults in skilled rehabilitation units, *Psychological Reports* 78: 339-348, 1996.
- 16....Holcomb R et al: Use of an aviary to relieve depression in elderly males, *Anthrozoos* 10(1):32-36, 1997.
- 17....Fritz CL et al: Association with companion animals and the expression of noncognitive symptoms in Alzheimer's patients, *The Journal of Nervous and Mental Diseases* 183(7):459-463, 1995.
- 18....Kongable LG, Buckwalter KC, Stolley JM: The effects of pet therapy on the social behavior of institutionalized Alzheimer's clients, *Archives of Psychiatric Nursing* 3(4):191-198, 1989.
- 19....Churchill M et al: Effects of a therapy dog in alleviating the agitation behavior of sundown syndrome and in increasing socialization for persons with Alzheimer's disease, *Journal of Psychosocial Nursing and Mental Health Services* 37(4):16-22, 1999.
- 20....Bolin SE: The effects of companion animals during conjugal bereavement, *Anthrozoos* 1(1):26-35, 1987.
- 21....Siegel JM: Stressful life events and use of physician services among the elderly: the moderating role of pet ownership, *Journal of Personality and Social Psychology* 58(6):1081-1086, 1990.
- 22....Rost DH, Hartmann A: Children and their pets, *Anthrozoos* 5:40-51, 1994.
- 23....Melson GF, Schwarz R, Beck A: (1998). Pets as sources of support for mothers, fathers, and young children. Paper presented at the Eighth International Conference on Human-Animal Interactions, Prague, Czech Republic, 1998.

Recommended Reading

- Fine A, Editor: Handbook on animal-assisted therapy, 2000, Academic Press.
- Wilson CC, Turner DC, Editors: Companion animals in human health, 1998, Sage Publications.



Consciousness and Healing

Integral Approaches to Mind-Body Medicine

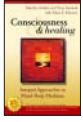


O'DEA

1.Weil S: *Waiting on God*, Glasgow, 1977, Collins.
2.Eco U: *Kant and the platypus: essays on language and cognition*, 2000, Harvest Books.
3.Human Rights and Equal Opportunity Commission (HREOC): *Bringing them home*, Canberra, 1997, AGPS.
4.Elgin D: *Promise ahead: a vision of hope and action for humanity's future*, 2001, Perennial Currents.
5.Needleman J: *A sense of the cosmos*, Rhinebeck, 2003, Monkfish Book Publishing.
6.Pelletier K: *Mind as healer, mind as slayer: mindbody medicine comes of age*, *Advances in Medicine* 18(1):4-15, 2002.
7.Transcript of unpublished speech, Washington National Cathedral, 1992.
8.*The flute player*, 2003, Over the Moon Productions/POV.

BERRY

No references



Consciousness and Healing

Integral Approaches to Mind-Body Medicine



The University of Chicago Press, Chicago 60637 The University of Chicago Press, Ltd., London © 1962, 1970, 1996 by The University of Chicago All rights reserved. Third edition 1996 Printed in the United States of America 05 04 03 02 01 00 3 4 5 ISBN: 0-226-45807-5 (cloth) ISBN: 0-226-45808-3 (paper) Library of Congress Cataloging-in-Publication Data Kuhn, Thomas S. The structure of scientific revolutions / Thomas S. Kuhn. -- 3rd ed. p. cm. Includes bibliographical references and index. ISBN 0-226-45807-5 (cloth : alk. paper). ISBN 0-226-45808-3 (pbk. : alk. paper) 1. Science-Philosophy. The most obvious examples of scientific revolutions are those famous episodes in scientific development that have often been labeled revolutions before. Published 1996 by University of Chicago Press (first published 1962). More Details Original Title. The Structure of Scientific Revolutions. ISBN. 0226458083 (ISBN13: 9780226458083). Kuhn challenges our conception of progress in science: he calls a shift in paradigms, a revolution in science: when a set of theories and hypotheses come along that radically change the ways we view the world (the Copernican revolution, Einstein's theory of relativity, quantum mechanics, etc.), it radically changes the way scientists conduct experiments, devise test implications and form hypotheses. This preview shows page 226 - 228 out of 348 pages. Kuhn, S. (1962/1996) The Structure of Scientific Revolutions, 3rd edn. Chicago: University of Chicago Press. PARADIGM 213. Subscribe to view the full document. PARAMETRIC TESTS Definition Tests of statistical significance which are based on certain assumptions about the shape of the distribution of population scores, for example that it is normally distributed (or bell-shaped). In statistical analysis, parametric significance tests are only valid if such assumptions are met. If they are not, non-parametric tests can be used. Distinctive Fe